



# 2011

## NOTABLE QUOTATIONS

Words well written, deeds well done  
and lives well lived have always inspired me.  
This is just an excerpt from a larger volume  
I have been compiling over the years.



*PHILIP A. SENESSIE*

I HAVE BEEN THINKING!!!

## **ACKNOWLEDGEMENT**

I thank God for the grace to painstakingly go through this short but valuable compilation of sayings and thoughts. I am indebted to scores of people who in diverse ways have been my inspiration through the years especially the personalities whose opinions have been compiled. The world owes a lot to its thinkers and dreamers. Do you know that almost every great invention or achievement ever achieved started with a thought? Yes just a mere thought!!

What is that God-given idea that lies on your inside? Does it seem to be unachievable from the outside? Well, the good news is that every achiever once had those fears but overcame them. Whether you think you can or whether you think you can't, you're right! I welcome you to be my guest as we go through the minds of others on topics such as 'Ability, abundance, difficulties, goals, success, academia, acceptance, The Bible, Christians, accuracy, achievement, advice' etc and a compendium of words to live by and thoughts to ponder on (page 96-107). Note that some of the writings are old and might have been attributed to different people. I tried to thoroughly source them. In any case, I will be happy if you will email in case of an omission ([senessiephilip@yahoo.com](mailto:senessiephilip@yahoo.com)). The sayings below are not necessarily facts depending on one's standpoint (which may vary) but I do hope that they serve as a reference and thus help sharpen and motivate you in reaching your goal.

I do acknowledge my family (**The Senesie family**) for the foundational support from childhood which I have been building on day by day.

This compilation is made possible with the help of **The Bridge Foundation, The Gambia** ([www.tbfgambia.info](http://www.tbfgambia.info)) especially through the inspiration of Oklahoma state educator, Dr. Kevin A. McPherson who has been tremendously helpful in diverse ways.

To all those who might come across this compilation, I wish you the best as you journey with me. A journey of a thousand mile is said to always begin with a step. I guess we've just taken that step.....

**Note:** As you read, you will find out that the quotations come before the names in the form of bulleted lists. The description of some of the speakers is made available. For instance:

"Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek."

**President Barack Obama**

I also added a '*Words to Live By, Thoughts to Ponder and Ideas to Share*' section at the end of the book just for you....



Philip A. Senesie.

# **ABILITY**

- We judge ourselves by what we feel capable of doing, while others judge us by what we have already done. -**Longfellow**
- A buried talent is never a buried treasure. Talents become treasures only through use. -**Rupert**
- They are able because they think they are able. -**Vergil**
- I have learnt that I am me, that I can do the things that, as one might put it, me can do, but I cannot do the things that me would like to do.

## **Agatha Christie**

**1891-1976, British Mystery Writer**

- No amount of ability is of the slightest avail without honor.

## **Andrew Carnegie**

**1835-1919, American Industrialist, Philanthropist**

- All endeavor calls for the ability to tramp the last mile, shape the last plan, endure the last hours toil. The fight to the finish spirit is the one characteristic we must possess if we are to face the future as finishers.

## **Anonymous**

- God does not ask about our ability, but our availability.

## **Anonymous**

- I thought he was a young man of promise, but it appears he is a young man of promises.  
[Speaking Of Winston Churchill]

## **Arthur James Balfour**

**1848-1930, British Conservative Politician, Prime Minister**

- Natural abilities can almost compensate for the want of every kind of cultivation, but no cultivation of the mind can make up for the want of natural abilities.

***Arthur Schopenhauer***

**1788-1860, German Philosopher**

- The world cares very little about what a man or woman knows; it is what a man or woman is able to do that counts.

**Booker T. Washington**

**1856-1915, American Black Leader and Educator**

- To sentence a man of true genius, to the drudgery of a school is to put a racehorse on a treadmill.

**Charles Caleb Colton**

**1780-1832, British Sportsman Writer**

- Others have done it before me. I can, too.

**Corporal John Faunce**

**American soldier**

- It is a fine thing to have ability, but the ability to discover ability in others is the true test.

**Elbert Hubbard**

**1859-1915, American Author, Publisher**

- It is all one to me if a man comes from Sing Sing Prison or Harvard. We hire a man, not his history.

**Henry Ford**

**1863-1947, American Industrialist, Founder of Ford Motor Company**

- Whether you think you can or whether you think you can't, you're right!

**Henry Ford**

**1863-1947, American Industrialist, Founder of Ford Motor Company**

- As we advance in life we learn the limits of our abilities.

**James A. Froude**

**1818-1894, British Historian**

- The really unhappy person is the one who leaves undone what they can do, and starts doing what they don't understand; no wonder they come to grief.

### **Johann Wolfgang Von Goethe**

**1749-1832, German Poet, Dramatist, Novelist**

- Never tell a young person that anything cannot be done. God may have been waiting centuries for someone ignorant enough of the impossible to do that very thing.

### **John Andrew Holmes**

- Executive ability is deciding quickly and getting somebody else to do the work.

### **John G. Pollard**

- Ability hits the mark where presumption overshoots and diffidence falls short.

### **John Henry Newman**

**1801-1890, British Religious Leader, Prelate, Writer**

- No great intellectual thing was ever done by great effort.

### **John Ruskin**

**1819-1900, British Critic, Social Theorist**

- The principle of all successful effort is to try to do not what is absolutely the best, but what is easily within our power, and suited for our temperament and condition.

### **John Ruskin**

**1819-1900, British Critic, Social Theorist**

- When love and skill work together, expect a masterpiece.

### **John Ruskin**

**1819-1900, British Critic, Social Theorist**

- Ability may get you to the top, but it takes character to keep you there.

### **John Wooden**

**1910-, American Basketball Coach**

- The extent of your consciousness is limited only by your ability to love and to embrace with your love the space around you, and all it contains

**Ken Carey**

- It's pretty hard to be efficient without being obnoxious.

**Kin Hubbard****1868-1930, American Humorist, Journalist**

- Man cannot live by incompetence alone.

**Laurence J. Peter**

- Knowing what you can not do is more important than knowing what you can do. In fact, that's good taste.

**Lucille Ball****1911-1989, American Actress, Producer**

- Ability will never catch up with the demand for it.

**Malcolm S. Forbes****1919-1990, American Publisher, Businessman**

- I add this, that rational ability without education has more often raised a man to glory and virtue, than education without natural ability.

**Marcus T. Cicero****106-43 BC, Great Roman Orator, Politician**

- Certainly we're not satisfied with just winning games. We've been playing some pretty good hockey, but we think we can play much better.

**Mario Lemieux****American Hockey Player**

- Wicked people are always surprised to find ability in those that are good.

**Marquis De Vauvenargues****1715-1747, French Moralist**

- Ability is of little account without opportunity.

**Napoleon Bonaparte**

**1769-1821, French General, Emperor**

- Life has been compared to a race, but the allusion improves by observing, that the most swift are usually the least manageable and the most likely to stray from the course. Great abilities have always been less serviceable to the possessors than moderate ones.

**Oliver Goldsmith**

**1728-1774, Anglo-Irish Author, Poet, Playwright**

- As life is action and passion, it is required of a man that he should share the passion and action of his time, at the peril of being not to have lived.

**Oliver Wendell Holmes**

**1809-1894, American Author, Wit, Poet**

- The Creator has not given you a longing to do that which you have no ability to do.

**Orison Swett Marden**

**1850-1924, American Author, Founder of Success Magazine**

- Big jobs usually go to the men who prove their ability to outgrow small ones.

**Ralph Waldo Emerson**

**1803-1882, American Poet, Essayist**

- People with great gifts are easy to find, but symmetrical and balanced ones never.

**Ralph Waldo Emerson**

**1803-1882, American Poet, Essayist**

- Just do what you do best.

**Red Auerbach**

**1917-, American Basketball Coach**

- There is something that is much more scarce, something rarer than ability. It is the ability to recognize ability.

**Robert Half**

**American Businessman, Founder of Robert Half & Associates**

- Aptitude found in the understanding and is often inherited. Genius coming from reason and imagination, rarely.

### **Samuel Taylor Coleridge**

**1772-1834, British Poet, Critic, Philosopher**

- The abilities of man must fall short on one side or the other, like too scanty a blanket when you are abed. If you pull it upon your shoulders, your feet are left bare; if you thrust it down to your feet, your shoulders are uncovered.

### **Sir William Temple**

**1628-1699, British Diplomat, Essayist**

- We all have ability. The difference is how we use it.

### **Stevie Wonder**

**1950-, American Musician, Singer, Songwriter, Producer**

- The first requisite for success is the ability to apply your physical and mental energies to one problem incessantly without growing weary.

### **Thomas A. Edison**

**1847-1931, American Inventor, Entrepreneur, Founder of GE**

- What you see, but can't see over is as good as infinite.

### **Thomas Carlyle**

**1795-1881, Scottish Philosopher, Author**

- A genius can't be forced; nor can you make an ape an alderman.

### **Thomas Somerville**

- They are able because they think they are able.

### **Virgil**

**70-19 BC, Roman Poet**

- You are the only person on earth who can use your ability.

### **Zig Ziglar**

**American Sales Trainer, Author, Motivational Speaker**



# **ABUNDANCE**

- Let nothing disturb thee; Let nothing dismay thee; All things pass; God never changes. Patience attains All that it strives for; He who has God Finds he lacks nothing;

## **Anonymous**

- A man's life consisteth not in the abundance of the things which he possesseth. [Luke 12:15]

## **Bible**

### **Sacred Scriptures of Christians and Judaism**

- Nothing is enough for the man to whom enough is to little.

## **Epicurus**

- He who is plenteously provided for from within, needs but little from without.

## **Johann Wolfgang Von Goethe**

**1749-1832, German Poet, Dramatist, Novelist 270 BC, Greek Philosopher**

- Not what we have But what we enjoy, constitutes our abundance.

## **John Petit-Senn**

**1792-1870, French Poet**

- Abundance is not something we acquire. It is something we tune into.

## **Wayne Dyer**

**1940-, American Psychotherapist, Author, Lecturer**

- Everything you need you already have. You are complete right now, you are a whole, total person, not an apprentice person on the way to someplace else. Your completeness must be understood by you and experienced in your thoughts as your own personal reality.

## **Wayne Dyer**

**1940-, American Psychotherapist, Author, Lecturer**

- You can never get enough of what you don't want.

## **Wayne Dyer**

**1940-, American Psychotherapist, Author, Lecturer**

## **ACADEMIA**

- I realized early on that the academy and the literary world alike -- and I don't think there really is a distinction between the two -- are always dominated by fools, knaves, charlatans and bureaucrats. And that being the case, any human being, male or female, of whatever status, who has a voice of her or his own, is not going to be liked.

**Harold Bloom**

**British Professor, Author**

## **ACCEPTANCE**

- Acceptance of others, their looks, their behaviors, their beliefs, bring you an inner peace and tranquillity -- instead of anger and resentment

**Anonymous**

- Once we accept our limits, we go beyond them.

**Brendan Francis**

- Accept everything about yourself -- I mean everything, You are you and that is the beginning and the end -- no apologies, no regrets.

**Clark Moustakas**

Humanistic Psychologist

- Happiness can exist only in acceptance.

**Denis De Rougemont**

- Life has no other discipline to impose, if we would but realize it, than to accept life unquestioningly. Everything we shut our eyes to, everything we run away from, everything we deny, denigrate or despise, serves to defeat us in the end. What seems nasty, painful, evil, can become a source of beauty, joy and strength, if faced with an open mind. Every moment is a golden one for him who has the vision to recognize it as such.

**Henry Miller**

**1891-1980, American Author**

- We will have to repent in this generation not merely for the hateful words and actions of the bad people but for the appalling silence of the good people.

**Martin Luther King Jr.**

**1929-1968, American Black Leader, Nobel Prize Winner, 1964**

- The minute you settle for less than you deserve, you get even less than you settled for.

**Maureen Dowd**

**American Newspaper Columnist**

## **ACCURACY**

- Accuracy is to a newspaper what virtue is to a lady, but a newspaper can always print a retraction.

**Adlai E. Stevenson**

**1900-1965, American Lawyer, Politician**

- Accuracy is the twin brother of honesty; inaccuracy, of dishonesty.

**Charles Simmons**

- From principles is derived probability, but truth or certainty is obtained only from facts.

**Nathaniel Hawthorne**

**1804-1864, American Novelist, Short Story Writer**

- Accuracy of statement is one of the first elements of truth; inaccuracy is a near kin to falsehood.

**Tryon Edwards**

**1809-1894, American Theologian**

- Facts are God's arguments; we should be careful never to misunderstand or pervert them.

**Tryon Edwards**

**1809-1894, American Theologian**

## **ACHIEVEMENT**

- If life were measured by accomplishments, most of us would die in infancy.

**A. P. Gouthey**

- One of the secrets of getting more done is to make a TO DO List every day, keep it visible, and use it as a guide to action as you go through the day.

**Alan Lakein**

**American Time Management Expert, Author, Trainer**

- The truth of the matter is that there's nothing you can't accomplish if: (1) You clearly decide what it is that you're absolutely committed to achieving, (2) You're willing to take massive action, (3) You notice what's working or not, and (4) You continue to change your approach until you achieve what you want, using whatever life gives you along the way.

**Anthony Robbins**

**1960-, American Author, Speaker, Peak Performance Expert / Consultant**

- The way to get things done is not to mind who gets the credit for doing them.

**Benjamin Jowett**

**1817-1893, British Scholar**

- Disciplining yourself to do what you know is right and important, although difficult, is the highroad to pride, self-esteem, and personal satisfaction.

**Brian Tracy**

**American Trainer, Speaker, Author, Businessman**

- I hope that my achievements in life shall be these -- that I will have fought for what was right and fair, that I will have risked for that which mattered, and that I will have given help to those who were in need that I will have left the earth a better place for what I've done and who I've been.

**C. Hoppe**

- Failures are finger posts on the road to achievement.

**Charles F. Kettering**

**1876-1958, American Engineer, Inventor**

- Said will be a little ahead, but done should follow at his heel.

**Charles Haddon Spurgeon**

**1834-1892, British Baptist Preacher**

- We live in deeds, not years; In thoughts not breaths; In feelings, not in figures on a dial. We should count time by heart throbs. He most lives Who thinks most, feels the noblest, acts the best.

### **David Bailey**

#### **1938-, British Photographer**

- To get what you want, STOP doing what isn't working.

### **Dennis Weaver**

- The world is divided into people who do things and people who get the credit.

### **Dwight Whitney Morrow**

#### **1873-1931, American Lawyer, Banker, diplomat**

- The will to win, the desire to succeed, the urge to reach your full potential... these are the keys that will unlock the door to personal excellence.

### **Eddie Robinson**

#### **College Football Coach**

- God will not look you over for medal, degrees or diplomas, but for scars.

### **Elbert Hubbard**

#### **1859-1915, American Author, Publisher**

- It's not the having, it's the getting.

### **Elizabeth Taylor**

#### **1932-, British-born American Actress**

- The greater the difficulty the more glory in surmounting it. Skillful pilots gain their reputation from storms and tempests.

### **Epictetus**

#### **50-120, Stoic Philosopher**

- Our achievements speak for themselves. What we have to keep track of are our failures, discouragements and doubts. We tend to forget the past difficulties, the many false starts, and the painful groping. We see our past achievements as the end results of

### **Eric Hoffer**

**1902-1983, American Author, Philosopher**

- Death comes to all But great achievements build a monument which shall endure until the sun grows cold.

**George Fabricius**

**1678-1707, Irish Dramatist**

- Whoever is winning at the moment will always seem to be invincible.

**George Orwell**

**1903-1950, British Author, "Animal Farm"**

- We will either find a way, or make one.

**Hannibal**

**247-182 BC, Carthaginian General, Statesman**

- There is nothing that war has ever achieved that we could not better achieve without it.

**Havelock Ellis**

**1859-1939, British Psychologist**

- The man who is dissatisfied with himself, what can he do?

**Henry David Thoreau**

**1817-1862, American Essayist, Poet, Naturalist**

- We always take credit for the good and attribute the bad to fortune.

**Jean De La Fontaine**

**1621-1695, French Poet**

- The average estimate themselves by what they do, the above average by what they are.

**Johann Friedrich Von Schiller**

**1759-1805, German Dramatist, Poet, Historian'**

- The whole point of getting things done is knowing what to leave undone.

**Lady Stella Reading**

- Empty pockets never held anyone back. Only empty heads and empty hearts can do that.

### **Norman Vincent Peale**

**1898-1993, American Christian Reformed Pastor, Speaker, Author**

- Success is not measured by what you accomplish, but by the opposition you have encountered, and the courage with which you have maintained the struggle against overwhelming odds.

### **Orison Swett Marden**

**1850-1924, American Author, Founder of Success Magazine**

- To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment.

### **Ralph Waldo Emerson**

**1803-1882, American Poet, Essayist**

- It's no use saying, "We are doing our best." You have got to succeed in doing what is necessary.

### **Winston Churchill**

**1874-1965, British Statesman, Prime Minister**

- It's your aptitude, not just your attitude that determines your ultimate altitude.

### **Zig Ziglar**

**American Sales Trainer, Author, Motivational Speaker**

## **ADVICE**

- Never give advice unless asked. -**German Proverb**
- Whatever advice you give be short. -**Horace**
- Many receive advice, only the wise profit by it. -**Syrus**
- We all, when we are well, give good advice to the sick. -**Terence**
- It is easy when we are in prosperity to give advice to the afflicted.  
**Aeschylus 525-456 BC, Greek Dramatist**

- Advice is the only commodity on the market where the supply always exceeds the demand.  
**Anonymous**
- Never trouble trouble till trouble troubles you.  
**Anonymous**
- No man is so foolish but he may sometimes give another good counsel, and no man so wise that he may not easily err if he takes no other counsel than his own. He that is taught only by himself has a fool for a master.  
**Ben Johnson**  
**1573-1637, British Dramatist, Poet**
- A fool thinks he needs no advice, but a wise man listens to others.  
**Bible**  
**Sacred Scriptures of Christians and Judaism**
- Where no counsel is, the people fall; but in the multitude of counselors there is safety.  
**Bible**  
**Sacred Scriptures of Christians and Judaism**
- Advice is what we ask for when we already know the answer but wish we didn't.  
**Erica Jong**  
**1942-, American Author**
- He that gives good advice, builds with one hand; he that gives good counsel and example, builds with both; but he that gives good admonition and bad example, builds with one hand and pulls down with the other.  
**Francis Bacon**  
**1561-1626, British Philosopher, Essayist, Statesman**
- I owe my success to having listened respectfully to the very best advice, and then going away and doing the exact opposite.  
**Gilbert K. Chesterton**  
**1874-1936, British Author**
- Aim above morality. Be not simply good, be good for something.  
**Henry David Thoreau**  
**1817-1862, American Essayist, Poet, Naturalist**
- Most of us ask for advice when we know the answer but we want a different one.  
**Ivern Ball**



- It takes a great man to give sound advice tactfully, but a greater to accept it graciously.  
**J. C. Macaulay**
- Most people when they come to you for advice, come to have their own opinions strengthened, not corrected.  
**Josh Billings**  
**1815-1885, American Humorist, Lecturer**
- Your friends praise your abilities to the skies, submit to you in argument, and seem to have the greatest deference for you; but, though they may ask it, you never find them following your advice upon their own affairs; nor allowing you to manage your own, without thinking that you should follow theirs. Thus, in fact, they all think themselves wiser than you, whatever they may say.  
**Lord Melbourne**  
**1779-1848, British Statesman, Prime Minister**
- The best advisers, helpers and friends, always are not those who tell us how to act in special cases, but who give us, out of themselves, the ardent spirit and desire to act right, and leave us then, even through many blunders, to find out what our own form of right action is.  
**Phillips Brooks**  
**1835-1893, American Minister, Poet**

## **AFFLICTION**

- The greatest affliction of life is never to be afflicted. -**Anonymous**
- Not they who have studied much but they who have suffered much are the deliverers of mankind. -**Anonymous**
- It is the crushed grape that gives out the blood-red wine: it is the suffering soul that breathes the sweetest melodies. -**Hamilton**
- Sometimes God makes his people's troubles contribute to the increase of their greatness, and their sun shines the brighter for having been under a cloud. -**Henry**
- Affliction is God's shepherd dog to drive us back to the fold. -**Megiddo**

\* There are no crown-wearers in heaven that were not cross-bearers here below.

**-Spurgeon**

- As sure as God puts his children in the furnace, he will be in the furnace with them. **-Spurgeon**
- Patience cannot remove, but it can always dignify and alleviate, misfortune. **-Sterne**
- Great trials seem to be necessary preparation for great duties. **-Thompson**
- Among my list of blessings infinite stands this, the foremost-that my heart has bled. **-Young**

## **AGE**

- The only thing to come to us without effort. **-Anonymous**
  - It is always in season for old men to learn. **-Aeschylus**
- To know how to grow old is the masterwork of wisdom and one of the most difficult chapters in the great art of living. **-Amiel**
  - To resist the frigidity of old age, one must combine the body, the mind and the heart-and to keep these in parallel vigor one must exercise, study and love. **- Bonstetten**
- Youth is the time of getting, middle age of improving, and old age of spending. **-A. Bradstreet**
  - Age doesn't matter unless you are cheese. **-Burke**
- An aged Christian, with the snow of time upon his head, may remind us that those points of earth are whitest which are nearest to heaven. **-Chapin**
- The harvest of old age is the memory and rich store of blessings laid up earlier in life. **-Cicero**
  - Old age: the crown of life, our play's last act. **-Cicero**
- It is not years that make souls grow old, but having nothing to love, nothing to hope for. **- Congreve**
  - As soon as you feel too old to do a thing, do it. **-Deland**
- Age does not depend upon years, but upon temperament and health. Some men are born old and some never grow old. **-Edwards**

- If wrinkles must be written upon our brow let them not be written upon our heart. The spirit should not grow old. -**Garfield**
  - The evening of a well-spent life brings its lamps with it. -**Joubert**
- Growing old is more like a bad habit which a busy man has no time to form. -**Maurois**
- In youth the days are short and the years are long; in old age the years are short and the days long. -**Panin**
  - He, who has not the spirit of his age, has all the misery of it. -**Voltaire**
- The old believe everything: the middle-aged suspect everything: the young know everything. –  
**Wilde**

## ASPIRATION

- There is not a heart but has its moments of longing, yearning for something better, nobler, holier than it knows now. -**Beecher**
- Out of the lowest depths there is a path to the loftiest heights. -**Carlyle**
- O for a closer walk with God, A calm and heavenly frame, A light to shine upon the road that leads me to the Lamb! -**Cowper**
- It seems to me we can never give up longing and wishing while we are thoroughly alive. There are certain things we feel to be beautiful and good, and we must hunger after them. -Eliot
- God, give me hills to climb, and strength for climbing! -**Guiterman**
- This world has too low a ceiling for aspiring man! -**Hamilton**
- Aspirations after the holy-the only aspirations in which the soul can be assured it will never meet with disappointment. -**McIntosh**
- There are glimpses of heaven to us in every act, or thought, or word that raises us above ourselves. -**Stanley**
- The heavens are as deep as our aspirations are high. -**Thoreau**

## **AMBITION**

- Every man is said to have his peculiar ambition.  
**Abraham Lincoln**  
**1809-1865, Sixteenth President of the USA**
- Intelligence without ambition is a bird without wings.  
**C. Archie Danielson**
- A noble man compares and estimates himself by an idea which is higher than himself; and a mean man, by one lower than himself. The one produces aspiration; the other ambition, which is the way in which a vulgar man aspires.  
**Joseph Conrad**  
**1857-1924, Polish-born British Novelist**
- Very few people are ambitious in the sense of having a specific image of what they want to achieve. Most people's sights are only toward the next run, the next increment of money.  
**Judith M. Bardwick**  
**American Academic**
- When you go in search of honey you must expect to be stung by bees.  
**Kenneth Kaunda**  
**1924-, Zambian Politician, President**
- Don't be afraid to give up the good to go for the great.  
**Kenny Rogers**  
**American Country Singer, Actor**
- Keep away from small people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great.  
**Mark Twain**  
**1835-1910, American Humorist, Writer**
- Great ambition is the passion of a great character. Those endowed with it may perform very good or very bad acts. All depends on the principals which direct them.  
**Napoleon Bonaparte**  
**1769-1821, French General, Emperor**
- If you wish to reach the highest, begin at the lowest.  
**Publius Syrus**  
**1st Century BC, Roman Writer**

- Without ambition one starts nothing. Without work one finishes nothing. The prize will not be sent to you. You have to win it. The man who knows how will always have a job. The man who also knows why will always be his boss. As to methods there may be a million and then some, but principles are few. The man who grasps principles can successfully select his own methods. The man who tries methods, ignoring principles, is sure to have trouble.

**Ralph Waldo Emerson**

**1803-1882, American Poet, Essayist**

- Ah, but a man's reach should exceed his grasp, or what's a heaven for?

**Robert Browning**

**1812-1889, British Poet**

- Ambition is an idol, on whose wings great minds are carried only to extreme; to be sublimely great or to be nothing.

**Robert Southey**

**1774-1843, British Author**

Every child has great ambitions. As he grows, he is bombarded by negative suggestions -- you can't do this; you can't do that; be careful; look for security, and so on. Year by year, he experiences the "realities" of life, and his ambitions fade away. Figuratively speaking, most children die by the time they reach their adulthood.

**Shall Sinha**

## APPRECIATION

- Next to beauty is the power of appreciating it. -**Fuller**
- He is incapable of truly a good action who finds not a pleasure in contemplating the good actions of others. -**Lavater**
- If you want to live more you must master the art of appreciating the little, everyday blessings of life. This is not altogether a golden world, but there are countless gleams of gold to be discovered in it if we give our minds to them. -**Porter**
- Ignorant men don't know what good they hold in their hands until they've flung it away. -**Sophocles**
  - We must never undervalue any person. The workman loves not to have his work despised in his presence. Now God is present everywhere and every person is His work. -**St. Francis de Sales**

- If my friends have alabaster boxes laid away full of fragrant perfumes or sympathy and affection that they intend to break over my dead body, I would rather they would bring them in my weary and troubled hours and open them that I might be cheered and refreshed by them when I need them. I would rather have a plain coffin without a flower, a funeral without a eulogy, than a life without the fragrance of love and sympathy. -**Watterson**
- We should learn to prepare ourselves before for the burial. Post mortem kindness does not cheer the burdened spirit, and flowers upon the coffin cast no fragrance backward over the weary way. If, therefore, there is any kind thing I can say or any good thing I can do, let me do it now. Let me not defer it nor neglect it, for I shall not pass this way again. -**Watterson**
- No one who achieves success does so without acknowledging the help of others. The wise and confident acknowledge this help with gratitude.  
**Anonymous**  
Prosperity depends more on wanting what you have than having what you want.  
**Geoffrey F. Abert**
- Cherish your visions; cherish your ideals; cherish the music that stirs in your heart, the beauty that forms in your mind, the loveliness that drapes your purest thoughts, for out of them will grow delightful conditions, all heavenly environment; of these if you but remain true to them, your world will at last be built.  
**James Allen**  
**1864-1912, British-born American Essayist, Author of "As a Man Thinketh"**
- Let us learn to appreciate there will be times when the trees will be bare, and look forward to the time when we may pick the fruit.  
**Peter Sell, British Actor**
- Ignorant men don't know what good they hold in their hands until they've flung it away.  
**Sophocles**  
**495-406 BC, Greek Tragic Poet**

## **ATHEISM**

- Atheism is rather in the lip than in the heart of man. -**Bacon**
- An atheist is a man who looks through a telescope and tries to explain what he can't see. -**O. A. Battista**
- Philosophically, it is religious, for it makes a huge religious ceremony of denying God. -**Ferguson**
- There are practical atheists who believe that they believe in God... but who in reality deny His existence by each one of their deeds. - **Jaques Maritain**
- An orphaned heart, which has lost the greatest of fathers. -**Richter**
- A man who believes himself an accident. -**Thompson**
- An atheist's most embarrassing moment is when he feels profoundly thankful for something, but can't think of anybody to thank. -**Vincent**
- There are no atheists in foxholes and rubber rafts. -**Whittaker**

## BEAUTY

- Beauty is in the heart of the beholder.  
**Al Bernstein**
- The best part of beauty is that which no picture can express. -**Bacon**
- The serene, silent beauty of a holy life is the most powerful influence in the world, next to the might of God. -**Pascal**
- The hand that hath made you fair hath made you good. -**Shakespeare**

- I pray thee, O God that I may be beautiful within. – **Socrates**

- Beauty. The power by which a woman charms a lover and terrifies a husband.

**Ambrose Bierce**

**1842-1914, American Author, Editor, Journalist, "The Devil's Dictionary"**

- In the beautiful, man sets himself up as the standard of perfection; in select cases he worships himself in it. Man believes that the world itself is filled with beauty --he forgets that it is he who has created it. He alone has bestowed beauty upon the world --alas! only a very human, an all too human, beauty.

**Friedrich Nietzsche**

**1844-1900, German Philosopher**

- Let the beauty we love be what we do.

**Jalal-Uddin Rumi**

- Things are beautiful if you love them.

**Jean Anouilh**

**1910-1987, French Playwright 1207-1273, Persian Sufi Mystic Poet**

**BETRAYAL**

- To betray you must first belong.

**Harold Philby**

- It is all right to rat, but you can't re-rat.

**Winston Churchill**

**1874-1965, British Statesman, Prime Minister**

**BIBLE**

- The Word of God well understood and religiously obeyed is the shortest route to spiritual perfection. And we must not select a few favorite passages to the exclusion of others. Nothing less than a whole Bible can make a whole Christian.

**A. W. Tozer**



**Deceased 1963, American Preacher**

- A readiness to believe every promise implicitly, to obey every command unhesitatingly, to stand perfect and complete in all the will of God, is the only true spirit of Bible study.

**Andrew Murray**

- I am my neighbor's Bible: he reads me when we meet, today he reads me in my house, tomorrow in the street; he may be relative or friend, or slight acquaintance be; he may not even know my name, yet he is reading me.

**Anonymous**

- I have read many books, but the Bible reads me.

**Anonymous**

- Those who spiritualize tell spiritual lies, because they lack spiritual eyes.

**Anonymous**

- When the white man came, we had the land and they had the bibles. Now they have the land and we have the bibles.

**Chief Dan George**

**1899-1977, Native American Author**

- The Bible will keep you from sin, or sin will keep you from the Bible.

**Dwight L. Moody**

**1837-1899, American Evangelist**

- There's no better book with which to defend the Bible than the Bible itself.

**Dwight L. Moody**

**1837-1899, American Evangelist**

- No one ever graduates from Bible study until he meets its Author face to face.

**Everett Harris**

- No one ever became, or can become truly eloquent without being a reader of the Bible, and an admirer of the purity and sublimity of its language.

**Fisher Ames**

**1758-1808, American Statesman**

- In this one book are the two most interesting personalities in the whole world--God and yourself. The Bible is the story of God and man, a love story in which you and I must write our own ending, our unfinished autobiography of the creature and the Creator.

**Fulton Oursler**

- There is much in the Bible against which every instinct of my being rebels, so much that I regret the necessity which has compelled me to read it through from beginning to end. I do not think that the knowledge which I have gained of its history and sources compensates me for the unpleasant details it has forced upon my attention.

**Helen Keller**

**1880-1968, American Blind/Deaf Author, Lecturer, Amorist**

- Unless we form the habit of going to the Bible in bright moments as well as in trouble, we cannot fully respond to its consolations because we lack equilibrium between light and darkness.

**Helen Keller**

**1880-1968, American Blind/Deaf Author, Lecturer, Amorist**

- Sink the Bible to the bottom of the sea, and man's obligation to God would be unchanged. He would have the same path to tread, only his lamp and his guide would be gone; he would have the same voyage to make, only his compass and chart would be overboard.

**Henry Ward Beecher**

**1813-1887, American Preacher, Orator, Writer**

- For this reason the Bible is a book of eternal and effective power; because, as long as the world lasts, no one will say: I comprehend it in the whole and understand it in the particular. Rather we must modestly say it on the whole it is venerable, and in the particular practical.

**Johann Wolfgang Von Goethe**

**1749-1832, German Poet, Dramatist, Novelist**

- The Bible among other books is as a diamond among precious stones.

**John Stoughton**

- It ain't those parts of the Bible that I can't understand that bother me, it is the parts that I do understand.

**Mark Twain**

**1835-1910, American Humorist, Writer**

- The Christian's Bible is a drug store. Its contents remain the same, but the medical practice changes.

**Mark Twain**

**1835-1910, American Humorist, Writer**

- People cannot be well educated without the Bible.

**Nott**

- Bible study is like eating peanuts. The more you eat, the more you want to eat.

**Paul Little**

- There is no doubt that God has often brought a certain verse to the attention of one of His children in an unusual and almost miraculous manner, for a special need, but the Word was never intended to be consulted in a superstitious manner.

**S. Maxwell Coder**

- Intense study of the Bible will keep any writer from being vulgar, in point of style.

**Samuel Taylor Coleridge**

**1772-1834, British Poet, Critic, Philosopher**

- The Bible has been the Magna Carta of the poor and of the oppressed.

**Thomas H. Huxley**

**1825-1895, British Biologist, Educator**

- Whenever we read the obscene stories, the voluptuous debaucheries, the cruel and torturous executions, the unrelenting vindictiveness, with which more than half the Bible is filled, it would be more consistent that we called it the word of a demon than the Word of God. It is a history of wickedness that has served to corrupt and brutalize mankind.

**Thomas Paine**

**1737-1809, Anglo-American Political Theorist, Writer**

- When you have read the Bible, you will know it is the word of God, because you have found it the key to your own heart, your own happiness and your own duty.

**Woodrow T. Wilson**

**1856-1924, Twenty-eighth President of the USA**

- So great is my veneration for the Bible that the earlier my children begin to read it, the more confident will be my hope that they will prove useful citizens to their country, and respectable members of society. - **John Quincy Adams**
- I speak as a man of the world to men of the world, and I say to you: search the Scriptures. The Bible is the Book of all others to read at all ages and in all conditions of human life; not to be read once or twice or thrice through and then laid aside; but to be read in small portions of one or two chapters a day and never to be omitted by some overwhelming necessity. --**John Quincy Adams**
- The study of God's Word, for the purpose of discovering God's will, is the secret discipline which has formed the greatest characters. --**J.W. Alexander**
- A young Christian packing his bag for a journey said to a friend, "I have nearly finished packing. All I have to put in are a guidebook, a lamp, a mirror, a microscope, a telescope, a volume of fine poetry, a few biographies, a package of old letters, a book of songs, a sword, a hammer, and a set of tools." "But you cannot put all that into your bag," objected the friend. "Oh, yes," said the Christian. "Here it is." And he placed his Bible in the corner of the suitcase and closed the lid. -**Anonymous**
- The devil is not afraid of the Bible that has dust on it. -**Anonymous**
- Not man's word about God, but God's word about man. -**Barth**
- The Bible has always been regarded as part of the Common Law of England. -- **William Blackstone**

- The Bible is no mere book, but a Living Creature, with a power that conquers all that oppose it. --**Napoleon Bonaparte**
- The American nation from its first settlement in Jamestown to this hour is based upon and permeated by the Bible. --**James Brewer**
- No lawyer can afford to be ignorant of the Bible. --**Rufus Choate**
- Let the men of science and learning expand their knowledge and probe with their researches every detail of the records which have been preserved to us from these dim ages. All they will do is to fortify the grand simplicity and essential accuracy of the recorded truths which have lighted so far the pilgrimage of man. --**Winston Churchill**
- In this little Book will be found the solution to all the problems of the world. -- **Calvin Coolidge**
- The New Testament is the best Book the world has ever known or will ever know. -- **Charles Dickens**
- The Bible is a window in this prison world, through which we may look into eternity. --**Timothy Dwight**
- In the Scriptures we have the only key that unlocks the mystery of the universe to man, and the mystery of man to himself. --**Ferrar Fenton**
- The Scriptures teach us the best way of living, the noblest way of suffering and the most comfortable way of dying. -**Flavel**

- The word of God is in the Bible as the soul is in the body. -**Forsyth**
- "This is the Canon that will make Italy free." --**Giuseppe Garibaldi**
- The Bible is stamped with a specialty of origin, and an immeasurable distance separates it from all competitors. --**William E. Gladstone**
- Hold fast to the Bible as the sheet anchor of your liberties; write its precepts in your hearts and practice them in your lives. To the influence of this Book we are indebted for the progress made, and to this we must look as our guide in the future. --**Ulysses S. Grant**
- It is impossible to enslave mentally or socially a Bible-reading people. The principles of the Bible are the groundwork of human freedom. --**Horace Greely**
- The highest earthly enjoyments are but a shadow of the joy I find I reading God's word. --**Grey**
- All human discoveries seem to be made only for the purpose of confirming more and more the truths contained in the Holy Scriptures. --**John Herschel**
- As a nation we are indebted to the Book of Books for our national ideals and representative institutions. Their preservation rests in adhering to its principles. --**Herbert Hoover**
- The New Testament holds up a strong light by which a man can read even the small print of his soul. --**Hutton**
- That Book, sir, is the rock on which this Republic rests. --**Andrew Jackson**
- I always have said, and always will say, that the studious perusal of the sacred Volume will make better citizens, better fathers, and better husbands. --**Thomas Jefferson**
- If God is a reality and the soul is a reality, and you are an immortal being, what are you doing with your Bible shut! -**Johnson**

- The Bible is the greatest benefit which the human race has ever experienced. --  
**Immanuel Kant**
- The existence of the Bible, as a Book for the people, is the greatest benefit which the human race has ever experienced. Every attempt to belittle it is a crime against humanity. --**Immanuel Kant**
- When you read God's word, you must constantly be saying to yourself, 'It is talking to me, and about me. -**Kierkegaard**
- The Bible continues to be the best selling book; it is regarded as the most economical of all fire escapes. -**Leader**
- In all my perplexities and distresses, the Bible has never failed to give me light and strength. --**Robert E. Lee**
- All the good from the Savior of the world is communicated to us through this Book.... All things most desirable for man's welfare, here and hereafter, are to be found portrayed in it. --**Abraham Lincoln**
- I am profitably engaged reading the Bible. Take all of this Book upon reason that you can, and the balance on faith, and you will live and die a better man. --**Abraham Lincoln**
- But for this Book we could not know right from wrong. --**Abraham Lincoln**
- All that I am I owe to Jesus Christ, revealed to me in His divine book. --**David Livingstone**

- The book to read is not the one which thinks for you, but the one which makes you think. No book in the world equals the Bible for that. -**McCosh**
- You can't destroy the Bible! It is like a cube! Every time you turn it over it comes right side up! -**D.L. Moody**
- Study the Bible with a telescope and after that study it with a microscope. - **D.L. Moody**
- I read my Bible to know what people ought to do, and my newspaper to know what they are doing. -**Newman**
- If all the neglected Bibles were dusted simultaneously, we would have a record dust storm and the sun would go into eclipse for a whole week. -**Nygren**
- In this one book are the two most interesting personalities in the whole world-God and you. The Bible is the story of God and man, a love story in which you and I must write our own ending, our unfinished autobiography of the creature and the Creator. -**Oursler**
- After reading the doctrine of Plato, Socrates, or Aristotle, we feel that the specific difference between their words and Christ's is the difference between an inquiry and a revelation. -**Joseph Parker**
- I thoroughly believe in a university education for both men and women; but ... a knowledge of the Bible without a college education is more valuable than a college education without the Bible. Everyone who has a thorough knowledge of the Bible may truly be called educated, and no other learning... no matter how extensive... can form a proper substitute. - **William Lyon Phelps**
- Almost every man who has by his life- work added to the sum of human achievement of which the race is proud, almost every such man has based his work largely upon the teachings of the Bible. --**Theodore Roosevelt**



- I will confess to you that the majesty of the Scriptures strikes me with admiration, as the purity of the gospel has its influence on my heart. Is it possible that a Book, at once so simple and so sublime, should be merely the work of a man? --**Jean Jacques Rousseau**
- The Bible is the one Book to which any thoughtful man may go with any honest question of life or destiny and find the answer of God by honest searching. --**John Ruskin**
- The whole hope of human progress is suspended on the ever growing influence of the Bible. --**William Henry Seward**
- The devil can cite Scripture for his purpose. -**Shakespeare**
- What makes the difference is not how many times you have been through the Bible, but how many times and how thoroughly the Bible has been through you. -**Smith**
- Be walking Bibles. -**Spurgeon**
- The Bible is a harbor where I can drop down my anchor, feeling certain that it will hold. Here is a place where I can find sure footing; and, by the grace of God, from this confidence I shall never be moved. -**Spurgeon**
- When a home is ruled according to God's Word, angels might be asked to stay with us, and they would not find themselves out of their element. --**Charles Spurgeon**
- Perhaps there is no book more neglected in these days than the Bible. I believe there are moldier Bibles in this world than there are of any sort of neglected books. We have no book that is so much bought, and then so speedily laid aside and so little used, as the Bible. -**Spurgeon**

- It was for the love of the truths of this great and good Book that our fathers abandoned their native shore for the wilderness. --**Zachary Taylor**
- Be careful how you live; you may be the only Bible some person ever reads. -**Toms**
- Men do not reject the Bible because it contradicts itself, but because it contradicts them. --**Unknown**
- Give me a Bible and a candle and shut me up in a dungeon and I will tell you what the world is doing. --**Unknown**
- It is impossible to govern the world without the Bible. --**George Washington**
- The Bible is a Book of faith and a Book of doctrine, and a Book of religion, of special revelation from God. --**Daniel Webster**
- If we abide by the principles taught in the Bible, our country will go on prospering and to prosper; but if we and our posterity neglect its instruction and authority, no man can tell how sudden a catastrophe may overwhelm us and bury all our glory in profound obscurity. --**Daniel Webster**

## **BOOKS AND READING**

- The things I want to know are in books; my best friend is the man who'll get me a book I ain't read.  
**Abraham Lincoln**  
**1809-1865, Sixteenth President of the USA**
- The failure to read good books both enfeebles the vision and strengthens our most fatal tendency --the belief that the here and now is all there is.  
**Allan Bloom**  
**1930-1992, American Educator, Author**

- For books are more than books, they are the life, the very heart and core of ages past, the reason why men lived and worked and died, the essence and quintessence of their lives.

**Amy Lowell**

**1874-1925, American Poet, Critic**

- Those who do not read are no better off than those who cannot read.

**Anonymous**

- Once we have learned to read, meaning of words can somehow register without consciousness.

**Anthony Marcel**

- Books are like a mirror. If an ass looks in, you can't expect an angel to look out.

**Arthur Schopenhauer**

**1788-1860, German Philosopher**

- Buying books would be a good thing if one could also buy the time to read them in: but as a rule the purchase of books is mistaken for the appropriation of their contents.

**Arthur Schopenhauer**

**1788-1860, German Philosopher**

- Reading is equivalent to thinking with someone else's head instead of with one's own.

**Arthur Schopenhauer**

**1788-1860, German Philosopher**

- No matter how busy you may think you are, you must find time for reading, or surrender yourself to self-chosen ignorance.

**Atwood H. Townsend**

- I am what libraries and librarians have made me, with little assistance from a professor of Greek and poets.

**B. K. Sandwell**

- Books, like friends, should be few and well chosen. Like friends, too, we should return to them again and again for, like true friends, they will never fail us -- never cease to instruct -- never cloy.

**Charles Caleb Colton**

**1780-1832, British Sportsman Writer**

- I love to lose myself in other men's minds. When I am not walking, I am reading. I cannot sit and think; books think for me.

**Charles Lamb**  
**1775-1834, British Essayist, Critic**

- You will be the same person in five as you are today except for the people you meet and the books you read.

**Charles "Tremendous" Jones**  
**American Motivational Speaker, Author**

- When you reread a classic, you do not see more in the book than you did before; you see more in you than there was before.

**Cliff Fadiman**  
**American Writer**

- My alma mater was books, a good library... I could spend the rest of my life reading, just satisfying my curiosity.

**Malcolm X**

- Today a reader, tomorrow a leader

**Magaret Fuller**

- I used to walk to school with my nose buried in a book.

**Coolio**  
**1963-, American Musician, Rapper, Actor, Singer, Songwriter**

- I suggest that the only books that influence us are those for which we are ready, and which have gone a little further down our particular path than we have yet got ourselves.

**Edward M. Forster**  
**1879-1970, British Novelist, Essayist**

- Books, books, books had found the secret of a garret-room piled high with cases in my father's name; Piled high, packed large, --where, creeping in and out among the giant fossils of my past, like some small nimble mouse between the ribs of a mastodon, I nibbled here and there at this or that box, pulling through the gap, in heats of terror, haste, victorious joy, the first book first. And how I felt it beat under my pillow, in the morning's dark. An hour before the sun would let me read! My books!

**Elizabeth Barrett Browning**  
**1806-1861, British Poet**

- The greatest gift is the passion for reading. It is cheap, it consoles, it distracts, it excites, it gives you knowledge of the world and experience of a wide kind. It is a moral illumination.

**Elizabeth Hardwick**

**1916-, American Novelist**

- With one day's reading a man may have the key in his hands.

**Ezra Pound**

**1885-1972, American Poet, Critic**

- Some books are to be tasted; others to be swallowed; and some few to be chewed and digested.

**Francis Bacon**

**1561-1626, British Philosopher, Essayist, Statesman**

- Why pay a dollar for a bookmark? Why not use the dollar for a bookmark?

**Fred Stoller**

- A book is a mirror: If an ass peers into it, you can't expect an apostle to look out.

**Georg C. Lichtenberg**

**1742-1799, German Physicist, Satirist**

- Don't ask me who's influenced me. A lion is made up of the lambs he's digested, and I've been reading all my life.

**Giorgos Seferis**

- A great book should leave you with many experiences and slightly exhausted at the end. You should live several lives while reading it.

**William Styron**

**1925-, American Novelist**

- Every man is a volume if you know how to read him.

**William Ellery Channing**

**1780-1842, American Unitarian Minister, Author**

- A real book is not one that we read, but one that reads us.

**W. H. Auden**

**1907-1973, Anglo-American Poet**

## **CHANGE**

- What is necessary to change a person is to change his awareness of himself.

**Abraham H. Maslow**

**1908-1970, American Psychologist**

- I tried to change the world, but I was outnumbered.

**Anonymous**

- We must be the change we want to see

**Mahatma Gandhi**

- In order to change, we must be sick and tired of being sick and tired.

**Anonymous**

- Two basic rules of life: 1. Change is Inevitable 2. Everyone Resists Change. Remember this: When you are through changing... you're through.

**Anonymous**

- You can't expect to meet the challenges of today with yesterday's tools and expect to be in business tomorrow.

**Anonymous**

- Any change, even for the better, is always accompanied by drawbacks and discomforts.

**Arnold Bennett**

**1867-1931, British Novelist**

- The world hates change, yet it is the only thing that has brought progress.

**Charles F. Kettering**

**1876-1958, American Engineer, Inventor**

- To put the world in order, we must first put the nation in order; to put the nation in order, we must put the family in order; to put the family in order, we must cultivate our personal life; and to cultivate our personal life, we must first set our hearts right.

### **Confucius**

**551-479 BC, Chinese Ethical Teacher, Philosopher**

- Everyone thinks of changing the world, but no one thinks of changing himself.

### **Count Leo Tolstoy**

**1828-1910, Russian Novelist, Philosopher**

- The changes in our life must come from the impossibility to live otherwise than according to the demands of our conscience not from our mental resolution to try a new form of life.

### **Count Leo Tolstoy**

**1828-1910, Russian Novelist, Philosopher**

- If a man like Malcolm X could change and repudiate racism, if I myself and other former Muslims can change, if young whites can change, then there is hope for America.

### **Eldridge Cleaver**

**1935-, American Black Leader, Writer**

- All change is not growth; all movement is not forward.

### **Ellen Glasgow**

**1874-1945, American Novelist**

- Progress is impossible without change, and those who cannot change their minds cannot change anything.

### **George Bernard Shaw**

**1856-1950, Irish-born British Dramatist**

- He who rejects change is the architect of decay. The only human institution which rejects progress is the cemetery.

### **Harold Wilson**

**1916-1995, British Statesman, Prime Minister**

- Just because everything's different doesn't mean anything's changed.

**Irene Porter**

- Familiarity may breed contempt in some areas of human behavior, but in the field of social ideas it is the touchstone of acceptability.

**J. William Galbraith**

- People can cry much easier than they can change.

**James Baldwin**

**1924-1987, American Author**

- If you don't like how things are, change it! You're not a tree.

**Jim Rohn**

**American Businessman, Author, Speaker, Philosopher**

- Change is the law of life. And those who look only to the past or present are certain to miss the future.

**John F. Kennedy**

**1917-1963, Thirty-fifth President of the USA**

- Let us resolve to be masters, not the victims, of our history, controlling our own destiny without giving way to blind suspicions and emotions.

**John F. Kennedy**

**1917-1963, Thirty-fifth President of the USA**

## **CHARACTER**

- When wealth is lost, nothing is lost; When health is lost, something is lost; When character is lost, all is lost! -**Anonymous**



- Snarling at other folks is not the best way of showing the superior quality of your own character. -**Anonymous**
- Characters are achieved-not received. They grow out of the substance of a man's soul. -**Anonymous**
- To enjoy the things we ought and to hate the things we ought has the greatest bearing on excellence of character. -**Aristotle**
- Character is like bells, which ring out sweet notes, and which, when touched-accidentally even-resound with sweet music. -**Brooks**
- Grandeur of character lies in force of soul-that is, in the force of thought, moral principles, and love; and this may be found in the humblest conditions of life.

-**Channing**

- You must look into people as well as at them. -**Chesterfield**

The plain rule is to do nothing in the dark, and to be a party to nothing underhand or mysterious. -**Dickens**

- Strength of character may be acquired at work, but beauty of character is learned at home. --**Henry Drummond**
- Character gives splendor to youth, and awe to wrinkled skin and gray hairs. -**Emerson**
- You cannot dream yourself into a character; you must hammer and forge yourself one. -**Froude**

- Our character is but the stamp on our souls of the free choices of good and evil we have made through life. -**Geikie**
- There is nothing so fatal to character as half-finished tasks. --**David Lloyd George**
- Fame is vapor; popularity an accident; riches take wings. Only one thing endures, and that is character. -**Greeley**
- Every man has three characters -that which he exhibits, that which he has, and that which he thinks he has. -**Karr**
- The measure of a man's real character is what he would do if he knew he would never be found out. -**Macaulay**
- Be good at the depths of you, and you will discover that those who surround you will be good even to the same depths. Therein lies a force that has no name; a spiritual rivalry that has no resistance. -**Maeterlinck**
- Character building begins in our infancy and continues until death. -**Eleanor Roosevelt**
- You can tell the character of every man when you see how he receives praise. -**Seneca**
- To be worth anything character must be capable of standing firm upon its feet in the world of daily work, temptation and trial; and able to bear the wear and tear of actual life. Cloistered virtues do not count for much. -**Smiles**
- Not education but character is man's greatest need and man's greatest safeguard.

### **-Spencer**

- Character is like pregnancy, it cannot be hidden.

#### **Philip Aiah Senessie**

- Wherever man goes to dwell his character goes with him.

### **African Proverb**

#### **Sayings of African Origin**

- Keep in mind that the true measure of an individual is how he treats a person who can do him absolutely no good.

### **Ann Landers**

#### **1918-, American Advice Columnist**

- The ultimate measure of a man is not where he stands in times of comfort and convenience but where he stands in times of controversies and difficulties.

#### **Martin Lurther King**

- Before you advise anyone "Be yourself!" reassess his character.

### **Anonymous**

- Men of genius are admired, men of wealth are envied, men of power are feared; but only men of character are trusted.

### **Anonymous**

- Watch your thoughts; they become words. Watch your words; they become actions. Watch your actions; they become habits. Watch your habits; they become character. Watch your character; it becomes your destiny.

#### **Anonymous**

- Fame is what you have taken, character is what you give. When to this truth you awaken, then you begin to live.

### **Bayard Taylor**

#### **1825-1878, American Journalist, Traveler, Author**

## **FAITH**

- A faith that hasn't been tested can't be trusted.

### **Adrian Rogers**

- To know what is impenetrable to us really exists, manifesting itself as the highest wisdom and the most radiant beauty... this knowledge, this feeling is at the center of true religiousness.

### **Albert Einstein**

#### **1879-1955, German-born American Physicist**

- Faith is like electricity. You can't see it, but you can see the light.

### **Anonymous**

- Faith is not without worry or care, but faith is fear that has said a prayer.

### **Anonymous**

- Faith is: dead to doubts, dumb to discouragements, blind to impossibilities.

### **Anonymous**

- Faith makes: The uplook good, the outlook bright, the future glorious.

### **Anonymous**

- And without faith it is impossible to please him, for he who comes to God must believe that he is, and that he is a rewarder of those who seek him. [Hebrews 11:6]

### **Bible**

#### **Sacred Scriptures of Christians and Judaism**

- Faith is different from proof; the latter is human, the former is a Gift from God.

### **Blaise Pascal**

#### **1623-1662, French Scientist, Religious Philosopher**

- Faith is kept alive in us, and gathers strength, more from practice than from speculations. -**Addison**

- Without faith, we are as stained glass windows in the dark. -**Anonymous**
- There are no miracles to men who do not believe in them. -**Anonymous**
- It is not faith and works; it is not faith or works; it is faith that works. -**Anonymous**
- For what is faith unless it is to believe what you do not see? -**St. Augustine**
- On the whole, more people are cheated by believing nothing than by believing too much. - **Barnum**
- I should as soon attempt to raise flowers if there were no atmosphere, or produce fruits if there were neither light nor heat, as to regenerate men if I did not believe there was a Holy Spirit. --**Henry Ward Beecher**
- If your faith in God is stronger for every humble task in which you need and get His aid, then that humble task is necessary to the fullness of your faith in God. It will make the music of your life more firm and solid. --**Phillips Brooks**
- To believe only possibilities is not faith, but mere philosophy. --**Thomas Browne**
- To have faith in the crucified One means to permit oneself to be crucified with Him, to permit this judgement also to be passed against oneself. --**Rudolph Bultmann**
- If the way be rough with thorns and stones, may faith provide a balm to soothe your weary, bleeding feet and fill your soul with calm. -**Carruth**

- All the strength and force of man comes from his faith in things unseen. He who believes is strong; he who doubts is weak. Strong convictions precede great actions. **-Clarke**
- Faith is the daring of the soul to go farther than it can see. **-Clarke**
- Hold faithfulness and sincerity as first principles. **-Confucius**
- Believing things when common sense tells you not to. **-Davis**
- To me, faith means not worrying. **-Dewey**
- He is no fool who gives what he cannot keep to gain what he cannot lose. **--Jim Elliot**
- All that I have seen teaches me to trust the Creator for all that I have not seen.

**-Emerson**

- Faith is not a sense, nor sight, nor reason, but taking God at his word. **-Evans**
- Unless there is within us that which is above us, we shall soon yield to that which is about us. **-Forsyth**
- It is cynicism and fear that freeze life; it is faith that thaws it out, releases it, sets it free. **- Fosdick**
- You cannot have faith and tension at the same time. **--Mahatma Gandhi**

- I have now disposed of all my property to my family. There is one thing more I wish I could give them and that is faith in Jesus Christ. If they had that and I had not given them one shilling, they would have been rich, and if they had not that, and I had given them all the world, they would be poor indeed. --**Patrick Henry**
- Faith is an act of rational choice which determines us to act as if certain things were true and in the confident expectation that they will prove to be true. -**Inge**
- There is no great future for any people whose faith has burned out. -**Jones**
- Dark as my path may seem to others, I carry a magic light in my heart. Faith, the spiritual strong searchlight illumines the way, and although sinister doubts lurk in the shadow, I walk unafraid toward the Enchanted Wood where the foliage is always green, where joy abides, where nightingales nest and sing, and where life and death are one in the presence of the Lord. -**Keller**
- Browning speaks of "grasping the skirts of God," but no man ever grasped the skirts of God by knowledge alone. Knowledge may have raised his arm, but faith moved his fingers and closed them in deathless grip. -**Lawton**
- I believe in Christ like I believe in the sun, not just because I see it, but because by it I can see everything else. --**C.S. Lewis**
- I will get ready and then perhaps my chance will come. --**Abraham Lincoln**
- Faith is only worthy of the name when it erupts into action. --**Catherine Marshall**
- Faith may be defined briefly as an illogical belief in the occurrence of the improbable. -**H.L. Mencken**

- Would Christ have made a child the standard of faith if He had known that it was not capable of understanding His words? - **D.L. Moody**
- Real true faith is man's weakness leaning on God's strength. -**D.L. Moody**
- It is not to have faith in this church, this doctrine or that man, but it is to have faith in the man Christ Jesus at the right hand of God. That is the only faith that will ever save a soul. - **D.L. Moody**
- A man ought to live so that everybody knows he is a Christian.... and most of all, his family ought to know. -**Moody**
- I am more convinced than I am of my own existence that the view of life Christ came into the world to preach, and died to sanctify, remains as true and valid as ever; and that all who care to may live thereby, finding an enlightenment and serenity not otherwise attainable. --**Malcolm Muggeridge**
- The truly religious man does everything as if everything depended upon himself, and then leaves everything as if everything depended on God. -**Parker**
- The faith that saves is the total response of the whole self to the will of God. It is the response of the mind in belief, the heart in trust, the will in conduct. It is to accept the fact that God goes all out for us, and then to be willing to go all out for God. -**Redhead**
- Faith can place a candle in the darkest night. -**Sangster**
- Faith is like love; it cannot be forced. -**Schopenhauer**



- All work that is worth anything is done in faith. --**Albert Schweitzer**
- The science to which I pinned my faith is bankrupt... Its counsels which should have established the millennium led directly to the suicide of Europe. I believed them once... In their name I helped to destroy the faith of millions of worshippers in the temples of a thousand creeds. And now they look at me and witness the great tragedy of an atheist who has lost his faith. --**George Bernard Shaw**
- Little faith will bring your soul to heaven; great faith will bring heaven to your soul. -  
**Spurgeon**
- Faith is waiting to see what God will do. -**Spurgeon**
- Faith without promise would be a foot without ground to stand upon. -**Spurgeon**
- Many a believer lives in the cottage of doubt when he might live in the mansion of faith. -**Spurgeon**
- Faith, mighty faith the promise sees and rests on that alone; Laughs at impossibilities, and says it shall be done -**Wesley**
- Tis not the dying for a faith that's so hard ... tis the living up to it that's difficult. --  
**William Makepeace Thackeray**
- Faith is not a once-done act, but a continuous gaze of the heart at the Triune God. -  
**Tozer**
- Faith never means gullibility. The man who believes everything is as far from God as a man who refused to believe anything. -**Tozer**

- If you ask me how I believe in God, how God creates Himself in me, and reveals Himself to me, my answer may perhaps provoke your smiles or laughter, and even scandalize you. I believe in God as I believe in my friends, because I feel the breath of His affection, feel His invisible and tangible hand drawing me, leading me, grasping me. --**Miguel de Unamuno**

- Whoso draws nigh to God one step through doubtings dim,
- God will advance a mile in blazing light to him. --**Unknown**

- I believe the promises of God enough to venture an eternity on them. --**Issac Watts**
- Faith is building on what you know is here, so you can reach what you know is there.

#### **Cullen Hightower**

- Faith is the refusal to panic.

#### **David Martyn Lloyd-Jones**

**1899-1981, British Preacher, Writer**

- The supernatural is the natural not yet understood.

#### **Elbert Hubbard**

**1859-1915, American Author, Publisher**

- Faith is not belief without proof, but trust without reservation.

#### **Elton Trueblood**

- We have not lost faith, but we have transferred it from God to the medical profession.

#### **George Bernard Shaw**

**1856-1950, Irish-born British Dramatist**

## GOALS

- If one were to take that goal out of its religious form and look merely at its purely human side, one might state it perhaps thus: free and responsible development of the individual, so that he may place his powers freely and gladly in the service of all mankind.

### **Albert Einstein**

#### **1879-1955, German-born American Physicist**

- In life, the first thing you must do is decide what you really want. Weigh the costs and the results. Are the results worthy of the costs? Then make up your mind completely and go after your goal with all your might.

Alfred A. Montapert

American Author

- "Men do not succeed in business or in life, no matter how intelligent they may be, no matter how sharply their aptitudes are defined, no matter how brilliantly they may be educated unless they are oriented toward the proper goals and have the drive or motivating force to succeed. One has to want something mighty hard and keep on wanting things all his life. . . ."

**Wallace H. Wulfeck**

- "Too low they build who build beneath the stars."  
**Edward Young**
- "You can't hit a target you cannot see, and you cannot see a target you do not have."  
**Zig Ziglar**
- Committing your goals to paper increases the likelihood of your achieving them by one thousand percent!  
**Brian Tracy**
- "People with goals succeed because they know where they are going... It's as simple as that."  
**Earl Nightingale**
- "We must walk consciously only part way toward our goal and then leap in the dark to our success."  
**Henry David Thoreau**

- "Reduce your plan to writing... The moment you complete this, you will have definitely given concrete form to the intangible desire."

**Napoleon Hill**

- "Obstacles are those frightful things you see when you take your eyes off the goal."

**Hannah More**

- Reasons come first. Answers come second.

**Jim Rohn**

- "Aim for the stars and maybe you'll reach the sky."

**Reinhold Niebuhr**

- "The major reason for setting a goal is for what it makes of you to accomplish it. What it makes of you will always be the far greater value than what you get." Jim Rohn

"We all need lots of powerful long-range goals to help us past the short-term obstacles.

**Jim Rohn**

- "You can't hit a home run unless you step up to the plate. You can't catch fish unless you put your line in the water. You can't reach your goals if you don't try."

**Kathy Seligman**

- Rewrite your major goals every day, in the present tense, exactly as if they already existed.

**Brian Tracy**

- "When a man does not know what harbor he is making for, no wind is the right wind."

**Lucius Annæus Seneca**

- "A goal is a planned event."

**Hayrum W. Smith**

- "A goal is a dream with a deadline."

**Steve Smith**

"Our strength lies, not alone in our proving grounds and our stockpiles, but in our ideals, our goals, and their universal appeal to all men who are struggling to breathe free."

**Adlai Ewing Stevenson**

- "This one step - choosing a goal and sticking to it - changes everything."  
**Scott Reed**
  
  - "People with goals succeed because they know where they're going."  
**Earl Nightingale**
  
  - I find it fascinating that most people plan their vacation with better care than they do their lives. Perhaps that is because escape is easier than change.  
**Jim Rohn**
  
  - "Goals allow you to control the direction of change in your favor."  
**Brian Tracy**
    - "There is no achievement without goals."  
**Robert J. McKaine**
    - Goals in writing are dreams with deadlines.  
**Brian Tracy**
  
  - "Until input (thought) is linked to a goal (purpose) there can be no intelligent accomplishment."  
**Paul G. Thomas**
  
  - "Without goals, and plans to reach them, you are like a ship that has set sail with no destination."  
**Fitzhugh Dodson**
- "Goals. There's not telling what you can do when you get inspired by them. There's no telling what you can do when you believe in them. There's no telling what will happen when you act upon them."
- Jim Rohn**
- We must be careful not to let our current appetites steal away any chance we might have for a future feast.  
**Jim Rohn**
  
  - "You must have long term goals to keep you from being frustrated by short term failures."  
**Charles C. Noble**
  
  - "What you get by achieving your goals is not as important as what you become by achieving your goals."  
**Zig Ziglar**

- "First say to yourself what you would be; and then do what you have to do." **Epictetus**

- "The person with a fixed goal, a clear picture of his desire, or an ideal always before him, causes it, through repetition, to be buried deeply in his subconscious mind and is thus enabled, thanks to its generative and sustaining power, to realize his goal in a minimum of time and with a minimum of physical effort. Just pursue the thought unceasingly. Step by step you will achieve realization, for all your faculties and powers become directed to that end."

**Claude M. Bristol**

- "Aim for the top. There is plenty of room there. There are so few at the top it is almost lonely there."

**Samuel Insull**

- "The goal you set must be challenging. At the same time, it should be realistic and attainable, not impossible to reach. It should be challenging enough to make you stretch, but not so far that you break."

**Rick Hansen**

- If you go to work on your goals, your goals will go to work on you. If you go to work on your plan, your plan will go to work on you. Whatever good things we build end up building us.

**Jim Rohn**

## **SUCCESS**

- If A equals success, then the formula is A equals X plus Y and Z, with X being work, Y play, and Z keeping your mouth shut.

**Albert Einstein**

**1879-1955, German-born American Physicist**

- Successful people are successful because they form the habits of doing those things that failures don't like to do.

**Albert Gray**

- Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful.

**Albert Schweitzer**

**1875-1965, German Born Medical Missionary, Theologian, Musician, and Philosopher**

- Successful people do daily what unsuccessful people do occasionally

**Dr. Mike Murdock**

"Nothing in the world can take the place of persistence. Talent will not; nothing is more common than unsuccessful men with talent. Genius will not; the world is full of educated derelicts. Persistence and determination alone are omnipotent. The phrase 'press on' has solved and always will solve the problems of the human race."

**- Calvin Coolidge**

"Ones best success comes after their greatest disappointments." - **Henry Ward Beecher**

"Never, never, never, never give up." - Winston Churchill

"To be successful, the first thing to do is fall in love with your work." - **Sister Mary Laretta**

"Success is getting what you want. Happiness is wanting what you get." - **Dale Carnegie**

"Anything in life worth having is worth working for." - **Andrew Carnegie**

"Success often comes to those who dare to act. It seldom goes to the timid who are ever afraid of the consequences." - **Jawaharlal Nehru**

"Success is never ending, failure is never final." - **Dr. Robert Schuller**

"I just love when people say I can't do something because all my life people said I wasn't going to make it." - **Ted Turner**

"Great thoughts speak only to the thoughtful mind, but great actions speak to all mankind." - **Emily P. Bissell**

"Obstacles are those frightful things you can see when you take your eyes off your goal." - **Henry Ford**

"It takes a strong fish to swim against the current. Even a dead one can float with it." - **John Crowe**

"You will never find time for anything. You must make it." - **Charles Buxton**

"Remove failure as an option." - **Joan Lunden**

"There is no one giant step that does it. It's a lot of little steps." - **Peter A. Cohen**

"Shoot for the moon. Even if you miss, you will land among the stars." - **Les Brown**

"Some of us have great runways already built for us. If you have one, take off. But if you don't have one, realize it is your responsibility to grab a shovel and build one for yourself and for those who will follow after you." - **Amelia Earhart**

"Work like you don't need the money. Love like you've never been hurt. Dance like nobody is watching." - **Mark Twain**

"What the mind of man can conceive and believe, it can achieve." - **Napoleon Hill**

"There are no secrets to success. It is the result of preparation, hard work, and learning from failure." - **Colin Powell**

"What lies behind us and what lies before us are tiny matters compared to what lies within us." - **Ralph Waldo Emerson**

"Great works are performed not by strength but by perseverance." - **Samuel Johnson**

"The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack of will." - **Vince Lombardi**

"The man who follows the crowd will usually get no further than the crowd. The man who walks alone is likely to find himself in places no one has ever been." - **Alan Ashley-Pitt**

"It takes 20 years to build a reputation and five minutes to ruin it. If you think about that, you'll do things differently." - **Warren Buffett**

"Champions aren't made in the gyms. Champions are made from something they have deep inside them - a desire, a dream, a vision." - **Muhammad Ali**

"Dwell not on the past. Use it to illustrate a point, then leave it behind. Nothing really matters except what you do now in this instant of time. From this moment onwards you can be an entirely different person, filled with love and understanding, ready with an outstretched hand, uplifted and positive in every thought and deed." - **Eileen Caddy**

"The critical ingredient is getting off your butt and doing something. It's as simple as that. A lot of people have ideas, but there are few who decide to do something about them now. Not tomorrow. Not next week. But today. The true entrepreneur is a doer." - **Nolan Bushnell**



"Whatever you vividly imagine, ardently desire, sincerely believe, and enthusiastically act upon must inevitably come to pass!" - **Paul J. Meyer**

"Keep away from small people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you too can become great." - **Mark Twain**

"Success is achieved by those who try and keep trying with a positive mental attitude." - **W. Clement Stone**

"I couldn't wait for success, so I went ahead without it." - **Jonathan Winters**

"What we hope to do with ease, we must learn first to do with diligence." - **Samuel Johnson**

"We do our best that we know how at the moment, and if it doesn't turn out, we modify it." - **Franklin Delano Roosevelt**

"A Native American grandfather was talking to his grandson about how he felt. He said, 'I feel as if I have two wolves fighting in my heart. One wolf is the vengeful, violent one, the other wolf is the loving compassionate one.' The grandson asked him, 'Which wolf will win the fight in your heart?' The grandfather answered, 'The one I feed.'" - **Blackhawk**

"Enthusiasm is the steam that drives the engine." - **Napoleon Hill**

"The winners in life think constantly in terms of I can, I will, and I am. Losers, on the other hand, concentrate their waking thoughts on what they should have or would have done, or what they can't do." - **Dennis Waitley**

"Success in life has nothing to do with what you gain in life or accomplish for yourself. It's what you do for others." - **Danny Thomas**

"Empty pockets never held anyone back. Only empty heads and empty hearts can do that." - **Norman Vincent Peale**

"One man with courage is a majority." - **Andrew Jackson**

"Not many people are willing to give failure a second opportunity. They fail once and it is all over. The bitter pill of failure is often more than most people can handle. If you are willing to accept failure and learn from it, if you are willing to consider failure as a blessing in disguise and bounce back, you have got the essential of harnessing one of the most powerful success forces." - **Joseph Sugarman**

"Every achiever I have ever met says, 'My life turned around when I began to believe in me.'" - **Robert Schuller**

"I don't measure a man's success by how high he climbs but how high he bounces when he hits bottom." - **George Patton**

"One step - choosing a goal and sticking to it - changes everything." - **Scott Reed**

"Dependent people need others to get what they want. Independent people can get what they want through their own efforts. Interdependent people combine their own efforts with the efforts of others to achieve their greatest success." - **Stephen Covey**

"I don't know what your destiny will be, but one thing I do know: The only ones among you who will be really happy are those who have sought and found how to serve." - **Albert Schweitzer**

"Success is the child of audacity." - **Benjamin Disraeli**

"Teamwork is the long word for success." - **Jacquelinemae A. Rudd**

"Expect and expect positive things and that is what you will receive." - **Lori Hard**

"You measure the size of the accomplishment by the obstacles you had to overcome to reach your goals." - **Booker T. Washington**

"In order to succeed you must fail so that you know what not to do the next time."  
- Anthony J. D'Angelo

"Those at the top of the mountain didn't fall there." - **Marcus Washling**

"Motivation is what gets you started. Habit is what keeps you going!" - **Jim Ryun**

"I am enough of an artist to draw freely upon my imagination. Imagination is more important than knowledge. Knowledge is limited. Imagination encircles the world." - **Albert Einstein**

"Only those who risk going too far can possibly find out how far one can go." - **T.S. Eliot**

"It's amazing what ordinary people can do if they set out without preconceived notions." - **Charles F. Kettering**

"People who are afraid to fail can never experience the joys of success." - **Pete Zafra**

"No matter how small, acknowledge the achievement." - **Greg Henry Quinn**

"If you don't quit, and don't cheat, and don't run home when trouble arrives, you can only win." - **Shelley Long**

## **CHRISTIANS AND CHRISTIANITY**

Don't feel superior just because you go to church, it doesn't make you a Christian.

**Anonymous**

Faith makes a Christian. Life proves a Christian. Trial confirms a Christian. Death crowns a Christian.

**Anonymous**

One ABC of Christianity: "Always Be Cheerful" [1 Thessalonians 5:16]

**Anonymous**

Being a Christian is more than just an instantaneous conversion; it is like a daily process whereby you grow to be more and more like Christ.

**Billy Graham**

**1918-, American Evangelist**

If Jesus Christ be God and died for me, then no sacrifice can be too great for me to make for Him.

**C. T. Studd**

Christian means coming from Christ. Just as a Californian comes from California and a Bostonian is someone who comes from Boston, A Christian is one who comes from Christ.

**Don Walk**

**American Minister**

A rule I have had for years is: to treat the Lord Jesus Christ as a personal friend. His is not a creed, a mere doctrine, but it is He Himself we have.

**Dwight L. Moody**

**1837-1899, American Evangelist**

Regardless of the day or the hour; whether in seeming good times or bad, the Christian lives in the world for the good of the world and for the sake of the world.

**Harold Lindsell**

A Christian is nothing but a sinful man who has put himself to school for Christ for the honest purpose of becoming better.

**Henry Ward Beecher**

**1813-1887, American Preacher, Orator, Writer**

The test of Christian character should be that a man is a joy-bearing agent to the world.

**Henry Ward Beecher**

**1813-1887, American Preacher, Orator, Writer**

Scratch the Christian and you find the pagan -- spoiled.

**Israel Zangwill**

**1864-1926, British Writer**

If Christians would really live according to the teachings of Christ, as found in the Bible, all of India would be Christian today.

**Mahatma Gandhi**

**1869-1948, Indian Political, Spiritual Leader**

Many people profess Christianity. Very few live it-almost none. And when you live it people may think you're crazy. It has been truthfully said that the world is equally shocked by one who repudiates Christianity as by one who practices it.

**Peace Pilgrim**

**1908-1981, American Peace Activist**

If you make a great deal of Christ, He will make a great deal of you; But if you make but little of Christ, He will make but little of you.

**R. A. Torrey**

The question is not "How much may I indulge in and still be saved. God forbid! I must rather ask, "What about Christ's will and the example I set for my fellow Christians?"

**Robert A. Cook**

Bear the Cross cheerfully and it will bear you.

***Thomas p Kempis***

***1379-1471, German Monk, Mystic, Religious Writer***

Christianity is a battle not a dream.

**Wendell Phillips**

**1811-1884, American Reformer, Orator**

No one is without Christianity, if we agree on what we mean by that word. It is every individual's individual code of behavior by means of which he makes himself a better human being than his nature wants to be, if he followed his nature only. Whatever its symbol -- cross or crescent or whatever -- that symbol is man's reminder of his duty inside the human race.

**William Faulkner**

**1897-1962, American Novelist**

To be like Christ is to be a Christian.

**William Penn**

**1644-1718, British Religious Leader, Founder of Pennsylvania**

# **DIFFICULTIES**

Difficulties are stepping stones to success.

**Anonymous**

Triumphs without difficulties are empty. Indeed; it is difficulties that make the triumph.  
It is no feat to travel the smooth road.

**Anonymous**

Difficulties should act as a tonic. They should spur us to greater exertion.

**B. C. Forbes**

**1880-1954, American Publisher**

Difficult times always create opportunities for you to experience more love in your  
life.

**Barbara De Angelis**

**American Expert on Relationship & Love, Author**

I don't like people who have never fallen or stumbled. Their virtue is lifeless and it  
isn't of much value. Life hasn't revealed its beauty to them.

**Boris Pasternak**

**1890-1960, Russian Poet, Novelist, Translator**

Many men owe the grandeur of their lives to their tremendous difficulties.

**Charles Haddon Spurgeon**

**1834-1892, British Baptist Preacher**

Stand still... and refuse to retreat. Look at it as God looks at it and draw upon His  
power to hold up under the blast.

**Charles Swindoll**

**American Pastor, Author**

Every cloud has its silver lining but it is sometimes a little difficult to get it to the mint

**Don Marquis**

**1878-1937, American Humorist, Journalist**

God has not promised us smooth sailing , he promised us a safe landing

**Pastor John Hagee- Cornerstone Church, Texas**

As a man handles his troubles during the day, so he goes to bed at night a General,  
Captain, or Private.

**Edgar Watson Howe**

**1853-1937, American Journalist, Author**

Difficulties are things that show a person what they are.

**Epictetus**

**50-120, Stoic Philosopher**

The best way out of a difficulty is through it. -**Anonymous**

The three things most difficult are - to keep a secret, to forget an injury, and to make  
good use of leisure. -**Chilo**

Every noble acquisition is attended with its risks; he who fears to encounter the one  
must not expect to obtain the other. -**Metastasio**

Settle one difficulty and you keep a hundred others away. . **Unknown**

Trouble is the next best thing to enjoyment. There is no fate in the world so horrible as to have no share in either its joys or sorrows.

**Henry Wadsworth Longfellow**

**1819-1892, American Poet**

Troubles are often the tools by which God fashions us for better things.

**Henry Ward Beecher**

**1813-1887, American Preacher, Orator, Writer**

You never will be the person you can be if pressure, tension and discipline are taken out of your life.

**James G. Bilkey**

If you can't go over, you must go under.

**Jewish Proverb**

**Sayings of Jewish Origin**

It is surmounting difficulties that makes heroes.

**Louis Kossuth**

Life's up and downs provide windows of opportunity to determine your values and goals. Think of using all obstacles as stepping stones to build the life you want.

**Marsha Sinetar**

American Author of "To Build the Life You Want, Create the Work You Love"

In every difficult situation is potential value. Believe this, then begin looking for it.

**Norman Vincent Peale**

**1898-1993, American Christian Reformed Pastor, Speaker, Author**



Don't be afraid if things seem difficult in the beginning. That's only the initial impression. The important thing is not to retreat; you have to master yourself.

**Olga Korbut**

**1955-, Soviet Gymnast**

There are two ways of meeting difficulties: you alter the difficulties or you alter yourself meeting them.

**Phyllis Bottome**

**1884-1963, American Writer**

When difficulties are overcome they begin blessing.

**Proverb**

Life isn't meant to be easy. It's hard to take being on the top -- or on the bottom. I guess I'm something of a fatalist. You have to have a sense of history, I think, to survive some of these things. Life is one crisis after another.

**Richard M. Nixon**

**1913-1994, Thirty-seventh President of the USA**

Undertake something that is difficult; it will do you good. Unless you try to do something beyond what you have already mastered, you will never grow.

**Ronald E. Osborn**

The apprenticeship of difficulty is one which the greatest of men have had to serve.

**Samuel Smiles**

**1812-1904, Scottish Author**

## **CRITICS AND CRITICISMS**

- If I care to listen to every criticism, let alone act on them, then this shop may as well be closed for all other businesses. I have learned to do my best, and if the end result is good then I do not care for any criticism, but if the end result is not good, then even the praise of ten angels would not make the difference.

### **Abraham Lincoln**

#### **1809-1865, Sixteenth President of the USA**

- If the end brings me out all right, what is said against me won't amount to anything. If the end brings me out wrong, then ten angels swearing I was right would make no difference.

### **Abraham Lincoln**

#### **1809-1865, Sixteenth President of the USA**

- Never criticize a man until you've walked a mile in his moccasins.

### **American Indian Proverb**

#### **Sayings of American Indian Origin**

- All of us could take a lesson from the weather, it pays no attention to criticism.

### **Anonymous**

- Before you criticize a man, walk a mile in his shoes. That way, when you do criticize him, you'll be a mile away and have his shoes.

### **Anonymous**

- Brilliant people talk about ideas. Average people talk about things. Small people talk about other people.

### **Anonymous**

Criticism is the disapproval of people, not for having faults, but having faults different from your own.

### **Anonymous**

Many great ideas have been lost because the people who had them could not stand being laughed at.

### **Anonymous**

- There is one way to handle the ignorant and malicious critic. Ignore him.

### **Anonymous**

- Those who can -- do. Those who can't -- criticize.

### **Anonymous**

- They will say you are on the wrong road, if it is your own.

### **Antonio Porchia**

- If all printers were determined not to print anything till they were sure it would offend nobody, there would be very little printed.

### **Benjamin Franklin**

**1706-1790, American Scientist, Publisher, Diplomat**

- Be swift to hear, slow to speak, and slow to wrath.

### **Bible**

#### **Sacred Scriptures of Christians and Judaism**

- I have found it advisable not to give too much heed to what people say when I am trying to accomplish something of consequence. Invariably they proclaim it can't be done. I deem that the very best time to make the effort.

### **Calvin Coolidge**

**1872-1933, Thirtieth President of the USA**

- A critic is a legless man who teaches running.

**Channing Pollock**

**American Actor**

- Each generation produces its squad of "moderns" with peashooters to attack Gibraltar.

**Channing Pollock**

**American Actor**

- If it has to choose who is to be crucified, the crowd will always save Barabbas.

**Jean Cocteau**

**1889-1963, French Author, Filmmaker**

- The only certainty about following the crowd is that you will all get there together.

**Mychal Wynn**

**American Author**

- Spiritual superiority only sees the individual. But alas, ordinarily we human beings are sensual and, therefore, as soon as it is a gathering, the impression changes -- we see something abstract, the crowd, and we become different. But in the eyes of God, the infinite spirit, all the millions that have lived and now live do not make a crowd, He only sees each individual.

**Soren Kierkegaard**

**1813-1855, Danish Philosopher, Writer**

- Nothing is as peevish and pedantic as men's judgments of one another.

**Desiderius Erasmus**

### **1466-1536, Dutch Humanist**

- When a man spends his time giving his wife criticism and advice instead of compliments, he forgets that it was not his good judgment, but his charming manners, that won her heart.

Helen Rowland

1875-1950, American Journalist

- To criticize is to appreciate, to appropriate, to take intellectual possession, to establish in fine a relation with the criticized thing and to make it one's own.

### **Henry James**

**1843-1916, American Author**

- The strength of criticism lies in the weakness of the thing criticized.

### **Henry Wadsworth Longfellow**

**1819-1892, American Poet**

- We should not judge people by their peak of excellence; but by the distance they have traveled from the point where they started.

### **Henry Ward Beecher**

**1813-1887, American Preacher, Orator, Writer**

- Ours is an age of criticism, to which everything must be subjected. The sacredness of religion, and the authority of legislation, are by many regarded as grounds for exemption from the examination by this tribunal, But, if they are exempted, and cannot lay claim to sincere respect, which reason accords only to that which has stood the test of a free and public examination.

### **Immanuel Kant**

**1724-1804, German Philosopher**

The biggest critics of my books are people who never read them.

**Jackie Collins**

**American Author, Sister of Joan Collins**

- A critic is a man who knows the way, but can't drive the car.

**Kenneth Tynan**

**1927-1980, British Critic**

- No man ever got very high by pulling other people down. The intelligent merchant does not knock his competitors. The sensible worker does not work those who work with him. Don't knock your friends. Don't knock your enemies. Don't knock yourself.

**Lord Alfred Tennyson**

**1809-1892, British Poet**

- If you burn your neighbors house down, it doesn't make your house look any better.

**Lou Holtz**

**1937-, American Football Coach**

- You're never s good as everyone tells you when you win, and you're never as bad as they say when you lose.

**Lou Holtz**

**1937-, American Football Coach**

- One ought to examine himself for a very long time before thinking of condemning others.

**MoliFre**

**1622-1673, French Playwright**

- The avocation of assessing the failures of better men can be turned into a comfortable livelihood, providing you back it up with a Ph.D.

**Nelson Algren**

**1909-1981, American Author**

- Critics! Those cut-throat bandits in the paths of fame.

**Robert Burns**

**1759-1796, Scottish Poet**

## **DESTINY**

- It's not what's happening to you now or what has happened in your past that determines who you become. Rather, it's your decisions about what to focus on, what things mean to you, and what you're going to do about them that will determine your ultimate destiny.

**Anthony Robbins**

**1960-, American Author, Speaker, Peak Performance Expert / Consultant**

- More than anything else, I believe it's our decisions, not the conditions of our lives, that determine our destiny.

**Anthony Robbins**

**1960-, American Author, Speaker, Peak Performance Expert / Consultant**

- Remember that you are an actor in a drama, of such a part as it may please the master to assign you, for a long time or for a little as he may choose. And if he will you to take the part of a poor man, or a cripple, or a ruler, or a private citizen, then may you act that part with grace! For to act well the part that is allotted to us, that indeed is ours to do, but to choose it is another s.

**Epictetus**

**50-120, Stoic Philosopher**

- I must in the face of a storm, think, live and die as a king.

**Frederick The Great (Frederick II)**

**1712-1786, Born in Berlin, King of Prussia (1740-1786),**

- He that is born to be hanged shall never be drowned.

**French Proverb**

**Sayings of French Origin**

- One meets his destiny often in the road he takes to avoid it.

**French Proverb**

**Sayings of French Origin**

- The real test of a man is not how well he plays the role he has invented for himself, but how well he plays the role that destiny assigned to him.

**Jan Patočka**

**1907-1977, Czech Philosopher, Activist**

- No cause has he to say his doom is harsh, who's made the master of his destiny.

**Johann Friedrich Von Schiller**

**1759-1805, German Dramatist, Poet, Historian**

- The destiny of any nation at any given time depends on the opinion of its young people, those under twenty-five.

**Johann Wolfgang Von Goethe**

**1749-1832, German Poet, Dramatist, Novelist**



- Our problems are man-made, therefore they may be solved by man. No problem of human destiny is beyond human beings.

**John F. Kennedy**

**1917-1963, Thirty-fifth President of the USA**

- Men heap together the mistakes of their lives, and create a monster they call Destiny.

**John Oliver Hobbes**

- We write our own destiny; we become what we do.

**Madame Chiang Kai-Shek**

**Chinese Revolutionary Leader**

- Our destiny changes with our thought; we shall become what we wish to become, do what we wish to do, when our habitual thought corresponds with our desire.

**Orison Swett Marden**

**1850-1924, American Author, Founder of Success Magazine**

- Sow a thought and you reap an action; sow an act and you reap a habit; sow a habit and you reap a character; sow a character and you reap a destiny.

**Ralph Waldo Emerson**

**1803-1882, American Poet, Essayist**

- What God writes on your forehead you will become.

**The Koran**

**500 AD, Islamic Religious Bible**

- Thoughts lead on to purposes; purposes go forth in action; actions form habits; habits decide character; and character fixes our destiny.

### **Tryon Edwards**

**1809-1894, American Theologian**

- Destiny is not a matter of chance, it is a matter of choice; it is not a thing to be waited for, it is a thing to be achieved.

### **William Jennings Bryan**

**1860-1925, American Lawyer, Politician**

- If a man is destined to drown, he will drown even in a spoonful of water.

### **Yiddish Proverb**

**Sayings of Yiddish Origin**

## **DETERMINATION**

- Determination that just won't quit -- that's what it takes.

### **A. J. Foyt**

**American Race Car Driver**

- Determine that the thing can and shall be done, and then we shall find the way.

### **Abraham Lincoln**

**1809-1865, Sixteenth President of the USA**

- What this power is I cannot say; all I know is that it exists and it becomes available only when a man is in that state of mind in which he knows exactly what he wants and is fully determined not to quit until he finds it.

### **Alexander Graham Bell**

**1847-1922, British-born American Inventor of Telephone**

- Real leaders are ordinary people with extraordinary determination.

### **Anonymous**

- Determination is the wake-up call to the human will.

### **Anthony Robbins**

**1960-, American Author, Speaker, Peak Performance Expert / Consultant**

- No man can fight his way to the top and stay at the top without exercising the fullest measure of grit, courage, determination, resolution. Every man who gets anywhere does so because he has first firmly resolved to progress in the world and then has enough stick-to-it-tiveness to transform his resolution into reality. Without resolution, no man can win any worthwhile place among his fellow men.

### **B. C. Forbes**

**1880-1954, American Publisher**

- I am doing a great work and I cannot come down. Why should the work stop while I leave it and come down to you?

### **Bible**

**Sacred Scriptures of Christians and Judaism**

- So we built the wall and the whole wall was joined together to half its height; for the people had a mind to work. [Nehemiah 4:6 ]

### **Bible**

**Sacred Scriptures of Christians and Judaism**

- Your decision to be, have and do something out of ordinary entails facing difficulties that are out of the ordinary as well. Sometimes your greatest asset is simply your ability to stay with it longer than anyone else.

### **Brian Tracy**

**American Trainer, Speaker, Author, Businessman**

- Nothing great will ever be achieved without great men, and men are great only if they are determined to be so.

**Charles De Gaulle**

**1890-1970, French President during World War II**

- The thing that contributes to anyone's reaching the goal he wants is simple wanting that goal badly enough.

**Charles E. Wilson**

**1886-1972, American Corporate Executive**

- Determination gives you the resolve to keep going in spite of the roadblocks that lay before you.

**Denis Waitley**

**1933-, American Author, Speaker, Trainer, Peak Performance Expert**

- A man can do anything he wants to do in this world, at least if he wants to do it badly enough.

**E(dward) W(yllis) Scripps**

**1854-1926, American Press Lord**

- There is no chance, no destiny, no fate, that can hinder or control the firm resolve of a determined soul.

**Ella Wheeler Wilcox**

**1855-1919, American Poet, Journalist**

- We all have dreams. But in order to make dreams come into reality, it takes an awful lot of determination, dedication, self-discipline, and effort.

### **Jesse Owens**

**1913-1980, American Olympic Track Athlete**

- You can do what you have to do, and sometimes you can do it even better than you think you can.

### **Jimmy Carter**

**1924-, American Statesman, 39th President**

- Be determined to handle any challenge in a way that will make you grow.

### **Les Brown**

**1945-, American Speaker, Author, Trainer, Motivator Lecturer**

- Only a man who knows what it is like to be defeated can reach down to the bottom of his soul and come up with the extra ounce of power it takes to win when the match is even.

### **Muhammad Ali**

**1942-, American Boxer**

- The longer I live, the more I am certain that the great difference between the great and the insignificant, is energy -- invincible determination -- a purpose once fixed, and then death or victory.

### **Sir Thomas Fowell Buxton**

- An invincible determination can accomplish almost anything and in this lies the great distinction between great men and little men.

### **Thomas Fuller**

**1608-1661, British Clergyman, Author**

- The difference between the impossible and the possible lies in a person's determination.

Tommy Lasorda

**1927-, American Baseball Manager**

- The price of success is hard work, dedication to the job at hand, and the determination that whether we win or lose, we have applied the best of ourselves to the task at hand.

**Vince Lombardi**

**1913-1970, American Football Coach**

## **DEVOTION**

- We are to be shut out from men, and shut in with God.

**Andrew Murray**

- Whatever is your best time in the day, give that to communion with God.

**Hudson Taylor**

- To be a Christian without prayer is no more possible than to be alive without breathing.

**Martin Luther**

**1483-1546, German Leader of the Protestant Reformation**

- A devotee who can call on God while living a householder's life is a hero indeed. God thinks: 'He is blessed indeed who prays to me in the midst of his worldly duties. He is trying to find me, overcoming a great obstacle -- pushing away, as it were, a huge block of stone weighing a ton. Such a man is a real hero.'

**Sri Ramakrishna**

**Indian Mystic**

## **DISCIPLINE**

- What it lies in our power to do, it lies in our power not to do.

## **Aristotle**

**384-322 BC, Greek Philosopher**

- The rod and reproof give wisdom: but a child left to himself bringeth his mother to shame.  
[Proverbs 29:15]

## **Bible**

**Sacred Scriptures of Christians and Judaism**

- The only discipline that last is self discipline.

## **Bum Phillips**

**American Football Coach**

- No man is such a conqueror, as the one that has defeated himself.

## **Henry Ward Beecher**

**1813-1887, American Preacher, Orator, Writer**

- He who lives without discipline dies without honor.

## **Icelandic Proverb**

**Sayings of Icelandic Origin**

- He conquers twice who conquers himself in victory.

## **Jyrus**

- There is little that can withstand a man who can conquer himself.

## **Louis XIV**

**1638-1715, King of France from 1643-1715**

- Discipline is the refining fire by which talent becomes ability.

**Roy L. Smith**

**American Clergyman**

- You can judge the quality of their faith from the way they behave. Discipline is an index to doctrine.

**Tertullian**

**160-240, Roman Christian Author and Polemicist**

- If we do not discipline ourselves the world will do it for us.

**William Feather**

**1888-18, American Writer, Businessman**

## **EXCUSE**

- An excuse is worse than a lie, for an excuse is a lie, guarded.

**Alexander Pope**

**1688-1744, British Poet, Critic, Translator**

- Don't make excuses, make good.

**Anonymous**

- He that is good for making excuses is seldom good for anything else.

**Benjamin Franklin**

**1706-1790, American Scientist, Publisher, Diplomat**



- He who excuses himself, accuses himself.

**Gabriel Meurier**

- Two wrongs don't make a right, but they make a good excuse.

**Thomas Szasz**

**1920-, American Psychiatrist**

- If you don't want to do something, one excuse is as good as another.

**Yiddish Proverb**

**Sayings of Yiddish Origin**

- The girl who can't dance says the band can't play.

**Yiddish Proverb**

**Sayings of Yiddish Origin**

## **EXPERIENCES**

- If we could sell our experience for what they cost us, we'd all be millionaires.

**Abigail Van Buren**

**American Journalist, Advice Columnist - "Dear Abby"**

- You can't create experience. You must undergo it.

**Albert Camus**

**1913-1960, French Existential Writer**

- Fooled once shame on you, fooled twice shame on me.

**American Proverb**

### **Sayings of American Origin**

- Experience is often what you get when you were expecting something else.

### **Anonymous**

- One thing about the school of experience is that it will repeat the lesson if you flunk the first time.

### **Anonymous**

- Experience is the key to greatness.

### **Arthur Williams**

- Nothing is a waste of time if you use the experience wisely.

### **Auguste Rodin**

**1840-1917, French Sculptor**

- Two things control men's nature, instinct and experience.

### **Blaise Pascal**

**1623-1662, French Scientist, Religious Philosopher**

- Whatever you dwell on in the conscious grows in your experience.

### **Brian Tracy**

**American Trainer, Speaker, Author, Businessman**

## **GENIUS**

- So few people think. When we find one who really does, we call him a genius

## **Anonymous**

- There is no great genius without a mixture of madness.

## **Aristotle**

**384-322 BC, Greek Philosopher**

- The real people of genius were resolute workers not idle dreamers.

## **George Henry Lewes**

**1817-1878, British Writer**

## **GOSSIPS**

- It takes a lot of time to be a genius. You have to sit around so much doing nothing, really doing nothing.

## **Gertrude Stein**

**1874-1946, American Author**

- Great minds discuss ideas; average minds discuss events; small minds discuss people.

## **Anonymous**

- I maintain that, if everyone knew what others said about him, there would not be four friends in the world.

## **Blaise Pascal**

**1623-1662, French Scientist, Religious Philosopher**

- Never trust the teller, trust the tale.

## **D. H. Lawrence**

**1885-1930, British Author**

- Gossip is what no one claims to like, but everybody enjoys.

### **Joseph Conrad**

**1857-1924, Polish-born British Novelist**

A gossip is one who talks to you about others; a bore is one who talks to you about himself; and a brilliant conversationalist is one who talks to you about yourself.

### **Lisa Kirk**

It is perfectly monstrous the way people go about nowadays saying things against one, behind one's back, that are absolutely and entirely true.

### **Oscar Wilde**

**1856-1900, British Author, Wit**

Whoever gossips to you will gossip about you.

### **Spanish Proverb**

**Sayings of Spanish Origin**

Thy friend has a friend, and thy friend's friend has a friend; be discreet.

### **The Talmud**

**Jewish Archive of Oral Tradition**

A lie has no leg, but a scandal has wings.

### **Thomas Fuller**

**1608-1661, British Clergyman, Author**

The only time people dislike gossip is when you gossip about them.

**Will Rogers**

**1879-1935, American Humorist, Actor**

## **HABIT**

We are what we repeatedly do. Excellence, then, is not an act, but a habit.

**Aristotle**

**384-322 BC, Greek Philosopher**

It is well to be up before daybreak, for such habits contribute to health, wealth, and wisdom.

**Aristotle**

**384-322 BC, Greek Philosopher**

Successful people are simply those with success habits.

**Brian Tracy**

**American Trainer, Speaker, Author, Businessman**

Habits are cobwebs at first; cables at last.

**Chinese Proverb**

**Sayings of Chinese Origin**

Feeling sorry for yourself, and your present condition, is not only a waste of energy but the worst habit you could possibly have.

**Dale Carnegie**

**1888-1955, American Author, Trainer**

First we form habits, then they form us. Conquer your bad habits, or they'll eventually conquer you.

**Dr. Rob Gilbert**

If an idiot were to tell you the same story every day for a year, you would end by believing it.

**Horace Mann**

**1796-1859, American Educator**

We first make our habits, and then our habits make us.

**John Dryden**

**1631-1700, British Poet, Dramatist, Critic**

## **IDLENESS**

Idleness is a constant sin, and labor is a duty. Idleness is the devil's home for temptation and for unprofitable, distracting musings; while labor profit others and ourselves.

**Anne Baxter**

**1923-1985, American Actress**

Prolonged idleness paralyzes initiative.

**Anonymous**

You've got to make haste while it's still light of day. My godmother used to say, "I don't want to rust out, I just want to work out." If you stand still long enough, people will throw dirt on you."

**Ben Vereen**

The harvest truly is plenteous, but the laborers are few. [Matthew 9:37]

**Bible**

**Sacred Scriptures of Christians and Judaism**

An idle brain is the devil's workshop.

**English Proverb**

**Sayings of British Origin**

Idleness is the stupidity of the body, and stupidity is the idleness of the mind.

**Johann G. Seume**

**1763-1810, German Theologist**

Democracy divides people into workers and loafers. It makes no provision for those who have no time to work.

**Karl Kraus**

**1874-1936, Austrian Satirist**

The way to be nothing is to do nothing.

**Nathaniel Howe**

Idleness is an appendix to nobility.

**Robert Burton**

**1576-1640, British Clergyman, Scholar**

## **MOTIVATION**

We must treasure the achievers of our land because it's they who raise the sights of all the others.

**Anonymous**

Men are more accountable for their motives, than for anything else; and primarily, morality consists in the motives, that is in the affections.

**Archibald Alexander**

You are what you think. You are what you go for. You are what you do!

**Bob Richards**

**American Olympic Pole Vaulting Champion**

I want you to be everything that's you, deep at the center of your being.

**Confucius**

**551-479 BC, Chinese Ethical Teacher, Philosopher**

There is only one way... to get anybody to do anything. And that is by making the other person want to do it.

**Dale Carnegie**

**1888-1955, American Author, Trainer**

To handle yourself, use your head; to handle others, use your heart.

**Donald Laird**

Motivation is the art of getting people to do what you want them to do because they want to do it.

**Dwight D. Eisenhower**

**1890-1969, Thirty-fourth President of the USA**



When the administrator feels himself to be the sole driving agency, and finds himself chiefly engaged in arousing those who apathetic and coercing those who are antagonistic, there is something vitally wrong with the administration. An executive should find himself engaged chiefly in directing the energies which create themselves naturally in all parts of the business, and in finding the proper outlet for the eager upward striving of the ranks below.

**E.E. Jones**

Am I motivated by what I really want out of life -- or am I mass-motivated?

**Earl Nightingale**

**1921-1989, American Radio Announcer, Author, Motivator, Speaker**

Whatever touches the nerves of motive, whatever shifts man's moral position, is mightier than steam, or calorie, or lightening.

**Edwin Hubbel Chapin**

**1814-1880, American Author, Clergyman**

The most important thing about motivation is goal setting. You should always have a goal.

**Francie Larrieu Smith**

**American Runner**

We promise according to our hopes and perform according to our fears.

**Francois De La Rochefoucauld**

**1613-1680, French Classical Writer**

We would frequently be ashamed of our good deeds if people saw all of the motives that produced them.

**Francois De La Rochefoucauld**

**1613-1680, French Classical Writer**

Striving for excellence motivates you; striving for perfection is demoralizing.

**Harriet Braiker**

**American Psychologist and Management Consultant**

God made man to go by motives, and he will not go without them, any more than a boat without steam or a balloon without gas.

**Henry Ward Beecher**

**1813-1887, American Preacher, Orator, Writer**

Nobody motivates today's workers. If it doesn't come from within, it doesn't come. Fun helps remove the barriers that allow people to motivate themselves.

**Herman Cain**

**American Businessman, Founder of Godfather Pizza**

When the leader passes over all alike, not making a distinction, then the endeavors of those who are capable of exertion are entirely lost.

**Hitopadesa**

**Sanskrit Fable From Panchatantra**

I still feel like I gotta prove something. There are a lot of people hoping I fail. But I like that. I need to be hated.

**Howard Stern**

**1954-, American TV Talk Show Host, Singer**

The most important thing about a man is what he believes in the depth of his being. This is the thing that makes him what he is, The thing that organizes him and feeds him; the thing that keeps him going in the face of untoward circumstances; the thing that gives him resistance.

**Hugh Stevenson Tigner**

Some of us are like wheelbarrows, only useful when pushed and easily upset.

**Jack Herbert**

We should not teach children the sciences; but give them a taste for them.

**Jean Jacques Rousseau**

**1712-1778, Swiss Political Philosopher, Educationist, Essayist**

It is simpler and easier to flatter people than to praise them.

**Jean Paul Richter**

**1763-1825, German Novelist**

Make sure you visualize what you really want, not what someone else wants for you.

**Jerry Gillies**

**American Author, Speaker**

Motivation is what gets you started. Habit is what keeps you going.

**Jim Ryun**

**1947-, American Athlete**

It is in human nature to relax, when not compelled by personal advantage or disadvantage.

**Johann Wolfgang Von Goethe**

**1749-1832, German Poet, Dramatist, Novelist**

Who is sure of their own motives can in confidence advance or retreat.

**Johann Wolfgang Von Goethe**

**1749-1832, German Poet, Dramatist, Novelist**

I never criticize a player until they are first convinced of my unconditional confidence in their abilities.

**John Robinson**

**1576-1625, American Clergyman**

I set myself on fire and people come to watch me burn.

**John Wesley**

**1703-1791, British Preacher, Founder of Methodism**

The mechanics of industry is easy. The real engine is the people : Their motivation and direction.

**Ken Gilbert**

Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.

**Leo Buscaglia**

**American Expert on Love, Lecturer, Author**

Life takes on meaning when you become motivated, set goals and charge after them in an unstoppable manner.

**Les Brown**

**1945-, American Speaker, Author, Trainer, Motivator Lecturer**

Why did I want to win? because I didn't want to lose!

**Max Schmelling**

One of the reasons it has seemed so difficult for a person to change his habits, his personality, or his way of life, has been that heretofore nearly all efforts at change have been directed to the circumference of the self, so to speak, rather than to the center.

**Maxwell Maltz**

**American Plastic Surgeon, Author of "Psycho-Cybernetics"**

The ones who want to achieve and win championships motivate themselves.

**Mike Ditka**

**American Football Player, Coach of Chicago Bears**

There are two levers for moving men -- interest and fear.

**Napoleon Bonaparte**

**1769-1821, French General, Emperor**

A champion needs a motivation above and beyond winning.

**Pat Riley**

**1945, American Basketball Coach**

There's always the motivation of wanting to win. Everybody has that. But a champion needs, in his attitude, a motivation above and beyond winning.

**Pat Riley**

**1945, American Basketball Coach**

Help people become more motivated by guiding them to the source of their own power.

**Paul G. Thomas**

Motivation is like food for the brain. You cannot get enough in one sitting. It needs continual and regular top ups.

**Peter Davies**

If you would lift me up you must be on higher ground.

**Ralph Waldo Emerson**

**1803-1882, American Poet, Essayist**

The inner thought coming from the heart represents the real motives and desires. These are the cause of action.

**Raymond Holliwel**

The only way to get people to like working hard is to motivate them. Today, people must understand why they're working hard. Every individual in an organization is motivated by something different.

**Rick Pitino**

**American College Basketball Coach**

It is not the horse that draws the cart, but the oats.

**Russian Proverb**

**Sayings of Russian Origin**

What we see depends mainly on what we look for.

**Sir John Lubbock**

**1834-1913, British Statesman, Banker, Naturalist**

I have always been pushed by the negative. The apparent failure of a play sends me back to my typewriter that very night, before the reviews are out. I am more compelled to get back to work than if I had a success.

**Tennessee Williams**

**1914-1983, American Dramatist**

You cannot raise a man up by calling him down.

**William Boetcker**

People often say that motivation doesn't last. Well, neither does bathing-that's why we recommend it daily.

**Zig Ziglar**

**American Sales Trainer, Author, Motivational Speaker**

## **MOTIVES**

He never does a proper thing without giving an improper reason for it.

**George Bernard Shaw**

**1856-1950, Irish-born British Dramatist**

We are all selfish and I no more trust myself than others with a good motive.

**Lord Byron**

**1788-1824, British Poet**

Let it be your constant method to look into the design of people's actions, and see what they would be at, as often as it is practicable; and to make this custom the more significant, practice it first upon yourself.

**Marcus Aurelius**

**121-80 AD, Roman Emperor, Philosopher**

From his cradle to his grave a man never does a single thing which has any FIRST AND FOREMOST object but one -- to secure peace of mind, spiritual comfort, for HIMSELF.

**Mark Twain**

**1835-1910, American Humorist, Writer**

Whenever a man does a thoroughly stupid thing, it is always from the noblest motives.

**Oscar Wilde**

**1856-1900, British Author, Wit**

A person who is keen to shake your hand usually has something up his sleeve.

**Sir Alec Guinness**

**1914-, British Actor**

Never ascribe to an opponent motives meaner than your own.

**Sir James M. Barrie**

**1860-1937, British Playwright**

## *Words to Live By, Thoughts to Ponder and Ideas to Share*

### Tomorrow

He was going to be all that a mortal should be  
Tomorrow. No one should be kinder or braver than  
he Tomorrow. A friend who was troubled and weary  
he knew, Who'd be glad of a lift and who needed it,



too; On him he would call and see what he could do  
Tomorrow.

Each morning he stacked up the letters he'd write  
Tomorrow. And thought of the folks he would fill  
with delight Tomorrow. It was too bad, indeed, he  
was busy today, And hadn't a minute to stop on his  
way; More time he would have to give others, he'd  
say, Tomorrow.

The greatest of workers this man would have  
been Tomorrow. The world would have known him,  
had he ever seen Tomorrow. But the fact is he died  
and he faded from view. And all that he left here  
when living was through Was a mountain of things  
he intended to do Tomorrow.

—Edgar Guest

## The Truth About Failure

Failure doesn't mean you are a failure . . . it does mean you  
haven't succeeded yet.

Failure doesn't mean you have accomplished nothing . . . it  
does mean you have learned something.

Failure doesn't mean you have been a fool . . . it does mean  
you had a lot of faith.

Failure doesn't mean you have been disgraced . . . it does  
mean you were willing to try.

Failure doesn't mean you don't have it . . . it does mean  
you have to do something in a different way.

Failure doesn't mean you are inferior . . . it does mean you  
are not perfect.

Failure doesn't mean you've wasted your life . . . it does  
mean you've a reason to start afresh.

Failure doesn't mean you should give up . . . it does mean  
you should try harder.

Failure doesn't mean you'll never make it . . . it does mean

it will take a little longer.  
Failure doesn't mean God has abandoned you . . . it does  
mean God has a better idea!

—**Robert Schuller**,  
*Tough Times Never Last, But Tough People Do*

## The Best Within You!

In the name of the best within you, do not  
sacrifice this world to those who are at its worst.  
In the name of the values that keep you alive, do  
not let your vision of man be distorted by the  
ugly, the cowardly, the mindless in those who  
have never achieved his title. Do not lose your  
knowledge that man's proper estate is an upright  
posture, an intransigent mind and a step that  
travels unlimited roads. Do not let your fire go  
out, spark by irreplaceable spark, in the hopeless  
swamps of the approximate, the not-quite, the  
not-yet, the not-at-all. Do not let the hero in  
your soul perish, in lonely frustration for the life  
you deserved, but have never been able to reach.  
Check your road and the nature of your battle.

The world you desired can be won, it exists,  
it is real, it's yours.

—**Ayn Rand**, *Atlas Shrugged*

## Risk

To laugh

Is to risk appearing the fool.

To weep

Is to risk appearing sentimental.

To reach out for another

Is to risk involvement.

To expose feelings

Is to risk exposing your true self.  
To place your ideas and dreams before the crowd  
Is to risk loss.  
To love  
Is to risk not being loved in return.  
To live  
Is to risk dying.  
To hope  
Is to risk in despair.  
To try at all  
Is to risk failure,  
But risk we must  
Because the greatest hazard in life  
Is to risk nothing.  
—author unknown

## No Easy Road

If you're looking for the easy road  
You might be wasting your time.  
To reach the most meaningful goals in life  
You've got steep hills to climb.  
If you're looking for the lazy way  
One thing that you will find,  
Is that success will never come  
Without some daily grind.  
If you're looking for some easy wealth  
Look somewhere else instead,  
Within yourself for energy  
To earn your daily bread.  
The path to greatness you can't tread  
Without some heavy load;  
So work your hardest - and your best -  
There is no easy road.  
—author unknown

## Our Deepest Fear

Our deepest fear is not that we are inadequate.  
Our deepest fear is that we are powerful beyond  
measure.

It is our Light, not our darkness, that most  
frightens us.

We ask ourselves, who am I to be brilliant,  
gorgeous, talented, fabulous?

Actually, who are you *not* to be?

You are a child of God. Your playing small does  
not serve the World.

There is nothing enlightening about shrinking so  
that other people won't feel unsure around you.  
We were born to make manifest the glory of God  
that is within us.

It is not just in some of us; it is in everyone.  
As we let our own Light shine; we unconsciously  
give other people permission to do the same.

As we are liberated from our own fear; our  
presence automatically liberates others.

—**Marianne Williamson**

## Desiderata

Go placidly amid the noise and haste, and remember what peace there may be in  
silence. As far as possible without surrender, be on good terms with all persons.  
Speak your truth quietly and clearly; and listen to others, even the dull and  
ignorant; they too have their story.

Avoid loud and aggressive persons, they are vexations to the spirit. If you  
compare yourself with others, you may become vain and bitter; for always there  
will be

greater and lesser persons than yourself. Enjoy your achievements as well as your plans.

Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time. Exercise caution in your business affairs; for the world is full of trickery. But let this not blind you to what virtue there is; many persons

strive for high ideals; and everywhere life is full of heroism.

Be yourself. Especially, do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment it is perennial as the grass. Take kindly the counsel of the years, gracefully surrendering the things of youth.

Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with imaginings. Many fears are born of fatigue and loneliness. Beyond a wholesome discipline, be gentle with yourself.

You are a child of the universe, no less than the trees and the stars; you have a right to be here. And whether or not is clear to you, no doubt the universe is unfolding as it should.

Therefore be at peace with God, whatever you conceive Him to be, and whatever your labors and aspirations, in the noisy confusion of life keep peace with your soul.

With all its sham, drudgery and broken dreams, it is still a beautiful world. Be careful. Strive to be happy.

—**Max Ehrmann, 1927**

## Who Am I?

I am your constant companion.

I am your greatest helper or your heaviest burden.

I will push you onward or drag you down to failure.

I am completely at your command.

Half the things you do, you might just as well turn over to me,

And I will be able to do them quickly and correctly.

I am easily managed; you must merely be firm with me.

Show me exactly how you want something done,

And after a few lessons I will do it automatically.

I am the servant of all great men

And, alas, of all failures as well.  
Those who are great, I have made great.  
Those who are failures, I have made failures.  
I am not a machine, though  
I work with all the precision of a machine  
Plus the intelligence of a man.  
You may run me for profit, or run me for ruin;  
It makes no difference to me.  
Take me, train me, be firm with me  
And I will put the world at your feet.  
Be easy with me, and I will destroy you.  
Who am I?  
I am habit!

—author unknown

## Attitudes

“The longer I live, the more I realize the impact of attitude on life.

Attitude, to me, is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness, or skill. It will make or break a company, a church, a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day.

We cannot change our past, we cannot change the fact that people will act in a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude. I am convinced that life is 10% what happens to me and 90% how I react to it.

And so it is with you . . . we are in charge of our Attitudes.”

—Charles Swindoll

## Don't Quit

When things go wrong, as they sometimes will,  
When the road you're trudging seems all up hill,  
When the funds are low, and the debts are high,  
And you want to smile, but you have to sigh,  
When care is pressing you down a bit,  
Rest if you must, but don't you quit.  
Life is queer with its twists and turns,  
As everyone of us sometimes learns.  
And many a person turns about,  
When he might have won had he stuck it out.  
Don't give up though the pace seems slow,  
You may succeed with another blow.  
Often the struggler has given up,  
When he might have captured the victor's cup;  
And he learned too late when the night came down,  
How close he was to the golden crown.  
Success is failure turned inside out,  
The silver tint of the clouds of doubt,  
And you never can tell how close you are,  
It may be near when it seems so far.  
So stick in the fight when you're hardest hit,  
It's when things seem worse,  
That you must not quit.

—author unknown

## Live Each Day to the Fullest

Live each day to the fullest. Get the most from each hour, each day, and each age of your life. Then you can look forward with confidence and back without regrets. Be yourself, but be

your best self. Dare to be different and to follow your star. And don't be afraid to be happy. Enjoy what is beautiful. Love with all your heart and soul. Believe that those whom you love, love you. Forget what you have done for your friends, and remember what they have done for you. Disregard what the world owes you, and concentrate on what you owe the world.

When you are faced with a decision, make that decision as wisely as possible then forget it. The moment of absolute certainty never arrives. Above all, remember that God helps those who help themselves. Act as if everything depended on you and pray as if everything depended on God.

—author unknown

## Excellence

Excellence is never an accident. It is achieved in an organization or institution only as a result of an unrelenting and vigorous insistence on the

highest standards of performance. It requires an unswerving expectancy of quality from the staff and volunteers.

Excellence is contagious. It infects and affects everyone in the organization.

It charts the direction of a program. It establishes the criteria for planning.

It provides zest and vitality to the organization. Once achieved, excellence has a talent for permeating every aspect of the life of the organization.

Excellence demands commitment and a tenacious dedication from the leadership of the organization. Once it is accepted and expected, it must be

nourished and continually reviewed and renewed. It is a never-ending process

of learning and growing. It requires a spirit of motivation and boundless energy.



It is always the result of a creatively conceived and precisely planned effort.

Excellence inspires; it electrifies. It potentializes every phase of the organization's

life. It unleashes an impact which influences every program, every activity, every committee, every staff person. To instill it in an organization

is difficult; to sustain it, even more so. It demands imagination and vigor. But most of all, it requires from the leadership a constant state of self discovery and discipline.

Excellence is an organization's life-line. It is the most compelling answer to apathy and inertia. It energizes a stimulating and pulsating force.

Once it becomes the expected standard of performance, it develops a fiercely

driving and motivating philosophy of operation. Excellence is a state of mind put into action. It is a road-map to success. When a climate of excellence exists, all things— staff work, volunteer leadership, finances, program— come easier.

Excellence in an organization is important— because it is everything.

—author unknown

## Story of a Failure

Mother died, ø18

Lost job, ø22

Defeated for legislature, ø22

Failed in business, ø33

Elected to legislature, ø34

Sweetheart died, ø35

Suffered nervous breakdown, ø36

Marriage proposal rejected, ø37  
Defeated for speaker of the house, ø38  
Married, ø42  
Defeated for nomination to Congress, ø43  
Elected to Congress, ø46  
Lost renomination, ø48  
Rejected for land officer, ø49  
Son died, ø50  
Defeated for Senate, ø54  
Defeated for nomination for vice president, ø56  
Defeated for Senate again, ø58  
But in 1860, at the age of 51, Abraham  
Lincoln was elected president of the United States

## The Victor

If you think you are beaten, you are.  
If you think you dare not, you don't.  
If you like to win but think you can't,  
It's almost a cinch you won't.  
If you think you'll lose, you're lost.  
For out in the world we find  
Success begins with a fellow's will.  
It's all in the state of mind.  
If you think you are outclassed, you are.  
You've got to think high to rise.  
You've got to be sure of yourself before  
You can ever win the prize.  
Life's battles don't always go

To the stronger or faster man.  
But sooner or later, the man who wins  
Is the man who thinks he can.  
—C.W. Longenecker

The journey we both started with a single step has come to an end. I had  
a wonderful time and I hope you did.

For enquiries/comments contact: [senessiephilip@yahoo.com](mailto:senessiephilip@yahoo.com).

*Those who do not read are no better off than those who cannot  
read.*

**Goodbye!!!!**